

MEN'S TRACK RECORDS at 1st August 2020

100m

Sen	12.3	Simon Leadley	Bingham 19.06.2008
M35	12.4	Gary Neill	Bingham 1.05.2008
M40	12.9	Graham Moffatt	Bingham 1.05.2008
M45	13.63	Graham Moffatt	Derby 23.05.2015
M50	13.86	Graham Moffatt	Sheffield 14.07.2018
M55	Vacant		
M60	17.1	William Scott	Harvey Hadden 12.05.2012
M65	16.2	Howard Partridge	Bingham 19.07.2017
M70	18.13	William Scott	Harvey Hadden 12.05.2018
M75	Vacant		

200m

Sen	25.6	Simon Leadley	Bingham 19.06.2008
M35	27.8	Steve Eatherington	Bingham 26.08.2015
M40	26.6	Graham Moffatt	Bingham 23.08.2009
M45	27.03	Graham Moffatt	Derby 23.05.2015
M50	29.1	Graham Moffatt	Wakefield 8.07.2018
M55	29.5	Howard Partridge	Bingham 1.05.2008
M60	35.5	Derek Poole	Bingham 4.06.2009
M65	33.4	Howard Partridge	Bingham 19.07.2017
M70	39.9	John Oldfield	Perth, Australia 19.11.2013
M75	39.1	Neil Hamilton	Bingham 26.08.2015

400m

Sen	56.16	Andrew Reynolds	Loughborough 24.08.2019
M35	60.0	Steve Eatherington	Bingham 27.07.2016
M40	59.8	Graham Moffatt	Bingham 23.08.2009
M45	59.32	Graham Moffatt	Derby 23.05.2015
M50	61.3	Graham Moffatt	Bingham 19.06.2019
M55	71.2	Kevin Ford	Bingham 27.07.2016
M60	78.2	Derek Poole	Bingham 4.06.2009
M65	69.2	Howard Partridge	Bingham 18.07.2018
M70	82.7	John Oldfield	Perth, Australia 21.11.2013
M75	Vacant		

800m

Sen	2:08.5	Philip Nind	Bingham 19.06.2019
M35	2:22.2	Neil Cooper	Bingham 19.06.2019
M40	2:12.6	Graham Moffatt	Bingham 1.05.2008
M45	2:08.63	Graham Moffatt	Birmingham 23.05.2015
M50	2:13.2	Graham Moffatt	Bingham 19.06.2019
M55	2:47.8	Chris Allen	Bingham 19.06.2019
M60	2:26.1	Howard Partridge	Bingham 1.05.2013
M65	2:38.5	Howard Partridge	Bingham 19.07.2017
M70	3:02.5	John Oldfield	Perth, Australia 10.12.2013
M75	3:22.9	Neil Hamilton	Bingham 26.08.2015

1500m

Sen	4:33.3	Matthew Nutt	Bingham 19.06.2019
M35	4:31.2	Andrew Barron	Bingham 19.06.2019
M40	4:40.9	Graham Moffatt	Bingham 19.06.2009
M45	4:27.43	Graham Moffatt	Loughborough 15.07.2015
M50	4:39.74	Graham Moffatt	Loughborough 29.07.2019
M55	4:58.7	Howard Partridge	Bingham 19.06.2008
M60	5:03.8	Howard Partridge	Bingham 1.05.2013
M65	5:50.80	John Oldfield	Lahti, Finland 6.08.2009
M70	6:06.5	John Oldfield	Perth, Australia 11.03.2014
M75	7:06.2	Neil Hamilton	Bingham 26.08.2015

Mile

Sen	4:44.2	Matthew Nutt	Bingham 18.07.2018
M35	4:53.3	Graham Moffatt	Harvey Hadden 08.2007.
M40	4:55.0	Graham Moffatt	Harvey Hadden 16.07.2009
M45	4:55.1	Graham Moffatt	Harvey Hadden 19.06.2014
M50	5:00.0	Graham Moffatt	Harvey Hadden 19.07.2019
M55	5:03.0	Howard Partridge	Harvey Hadden 08.2007
M60	5:20.7	Howard Partridge	Harvey Hadden 06.2012
M65	6:15.2	John Oldfield	Perth, Australia 04.2009
M70	6:11.07	Neil Hamilton	Harvey Hadden 08.2006
M75	Vacant		

3000m

Sen	9:27.5	Oliver Matharu	Bingham 19.06.2019
M35	9:36.4	Andrew Barron	Bingham 18.07.2018
M40	9:33.0	Paul Roome	Copenhagen 6.11.2017
M45	9:42.42	Graham Moffatt	Harvey Hadden 25.05.2014
M50	10:14.25	Graham Moffatt	Derby 12.05.2019
M55	10:24.7	Howard Partridge	Bingham 1.05.2008
M60	10:36.4	Howard Partridge	Bingham 4.09.2013
M65	12:19.1	John Oldfield	Perth, Australia 03.2009
M70	12:49.6	John Oldfield	Perth, Australia 29.11.2013
M75	15:44.4	Neil Hamilton	Bingham 26.08.2015

5000m

Sen	15:45.0	Matthew Nutt	Bingham 6.09.2017
M35	17:20.4	Andrew Barron	Bingham 17.08.2018
M40	17:08.5	Graham Moffatt	Harvey Hadden 06.2012
M45	17:08.8	Graham Moffatt	Harvey Hadden 14.06.13
M50	17:33.85	Graham Moffatt	Harvey Hadden 27.07.2019
M55	Vacant		
M60	18:03.2	Howard Partridge	Bingham 6.09.2012
M65	21:07.0	John Oldfield	Perth, Australia 03.2009
M70	21:59.8	John Oldfield	Perth, Australia 3.12.2013
M75	Vacant		

10000m

Sen	Vacant		
M35	Vacant		
M40	37:32.9	Matthew Grange	Bingham 25.03.2018
M45	37:01.2	Graham Moffatt	Leicester 14.09.2016
M50	Vacant		
M55	Vacant		
M60	43:25.80	John Oldfield	Riccione, Italy 13.09.2007
M65	44:32.0	John Oldfield	Perth, Australia 6.11.2009
M70	47:46.9	John Oldfield	Perth, Australia 5.11.2013
M75	Vacant		