

5 Miles

Senior Men - Senior Women

Stewart Gregory	26:15	Hucknall	Mary Mills	31:47	Long Eaton
Steve Reeves	27:22	Hucknall	Dorothy Michalak	33:49	Hucknall
Graham Moffatt	28:16	Hucknall	Julie Pryce	34:42	Notts 5
Paul McBrearty	28:37	Sutton Coldfield	Rachael Watson	35:05	GP4 - Colwick Pk
Dave Belbin	30:11	GP4 - Colwick Pk	Kath Malone	36:28	GP4 - Colwick Pk
Steve Leek	32:00	Hucknall	Rachel Martin	38:10	Hucknall
Mark Cottam	32:13	Hucknall	Jo Spinak	38:25	Long Eaton
Simon Harris	32:41	Notts 5	Lorraine Butterfield	42:36	GP4 - Colwick Pk
Mark Robinson	33:27	Notts 5	Julie Rippe	51:08	Notts 5
Andy Wilkinson	38:56	GP4 - Colwick Pk			
Phil Wise	40:02	Notts 5			

M40 - W40

Mark Salkild	29:16	Notts 5	Hilary Hare Duke	34:42	Long Eaton
Neil Marshall	32:00	Notts 5	Dawn Waugh	36:07	Hucknall
Rob Crocker	34:25	Notts 5	Sheila Elliott	44:18	Long Eaton
Richard Durance	37:14	Long Eaton	Alison Bottomley	45:18	Notts 5
Jerry Scarrott	34:50	GP4 - Colwick Pk			
Jason Callaghan	42:35	Notts 5			
John McGinley	42:49	GP4 - Colwick Pk			

M50 - W50

Pete Knox	30:58	Hucknall	Sandy Poole	38:06	Notts 5
Steve Priscott	32:33	Hucknall	Pat Robinson	43:38	Ilkeston
Derek Poole	33:04	GP4 - Colwick Pk			
Terry Bacon	33:22	Melton			
Trevor Gard	34:01	Notts 5			
Steve Page	34:58	GP4 - Colwick Pk			
Phil Huxley	35:56	Notts 5			
Richard Elliott	36:45	Long Eaton			
William Scott	36:43	Notts 5			
Bernard Jarvis	37:17	GP4 - Colwick Pk			
Pat Walsh	43:38	GP4 - Colwick Pk			

M60

Frank Makin	34:18	Long Eaton			
Neil Hamilton	43:36	GP4 - Colwick Pk			

10 km

Senior Men - Senior Women

Stewart Gregory	33:14	Titchmarsh	Mary Mills	39:46	Notfast
Matthew Clapp	34:24	Heanor	Rachael Watson	42:35	Woodhall Spa
Matthew Moore	34:35	Civil Service	Dorothy Michalak	42:43	Notfast
Peter Crew	34:45	GP1 - NWSC	Rachel Martin	45:24	Percy Pud
Graham Moffatt	34:53	Lincoln	Nicola Cottam	45:54	Caythorpe
Antonello Alberti	35:18	Heanor	Louise Hartley	48:19	Heanor
Paul McBrearty	35:52	GP1 - NWSC	Jo Spinak	49:01	Notfast
Don Wells	39:06	Caythorpe	Fiona Moffatt	50:01	Paphos, Cyprus

Tony Mills	39:44	Harvey Hadden	Lorraine Butterfield	50:35	Heanor
Paul Jacobs	40:52	Caythorpe	Anne Thompson	53:45	Bolsover
Chas Bickford-Smith	41:18	GP1 - NWSC			
Mark Cottam	41:19	Caythorpe			
Mark Robinson	41:35	Newton Aycliffe			
Steve Leek	42:12	Kimberley GFG			
Simon Harris	42:12	GP1 - NWSC			
Michael Bland	44:18	Bestwood			
Keith Jamieson	44:56	Lincoln			

M40 - W40

George Kujawinski	38:55	Whitstable	Hilary Hare Duke	43:23	Lincoln
John Naylor	41:01	Heanor	Dawn Waugh	46:29	Notfast
Neil Marshall	41:19	Caythorpe	Angela Naylor	47:37	Heanor
Pete Swords	41:28	GP1 - NWSC	Mandy Andrews	52:00	Bruges
Jerry Scarrott	42:28	Heanor	Sheila Elliott	52:41	Caythorpe
Rob Crocker	42:37	Bolsover	Alison Bottomley	55:59	Harvey Hadden
Richard Durance	42:49	Bolsover			
Brian Gunn	44:53	Caythorpe			
Max Collingwood	44:59	Caythorpe			
Peter Andrews	45:05	GP1 - NWSC			
Richard Michalak	46:46	Heanor			

M50 - W50

Bernard Jarvis	38:49	Harvey Hadden	Sandy Poole	45:45	Percy Pud
Derek Poole	39:32	Caythorpe	Pat Robinson	57:37	Heanor
Pete Knox	39:58	Heanor			
Steve Priscott	40:17	Caythorpe			
Dane Atkin	40:38	Heanor			
Trevor Gard	41:19	Caythorpe			
Terry Bacon	41:58	Notfast			
Steve Page	42:10	Notfast			
Phil Huxley	43:03	Percy Pud			
David Cogman	43:58	Lincoln			
Richard Elliott	44:49	Caythorpe			
David Bland	44:54	GP1 - NWSC			
Tony Barry	46:00	Brugge			
John Hardy	46:46	Cambridge			
Derek Poole	42:57	Clumber Pk (MT)			
William Scott	48:32	GP1 - NWSC			
Bob Stone	49:13	Caythorpe			
Chris Hendry	50:39	Kimberley GFG			
Bryn Stone	54:46	Caythorpe			
Pat Walsh	56:39	GP1 - NWSC			

M60

Frank Makin	43:11	Sinfin			
Stan Blythen	51:05	Heanor			
Neil Hamilton	52:07	Caythorpe			
Ron Clements	56:00	Bruges			

10 Miles

Senior Men - Senior Women

Stewart Gregory	55:53	Notts 10	Mary Mills	1:06:36	Drakelow, Burton
Matthew Moore	59:58	Notts 10	Dorothy Michalak	1:11:29	Cropwell Bishop
Dave Belbin	1:01:58	Cropwell Bishop	Julie Pryce	1:14:58	Cropwell Bishop
Chas Bickford-Smith	1:06:28	Notts 10	Nicola Cottam	1:19:05	Ranby
Mark Robinson	1:08:18	Notts 10	Jo Spinak	1:22:54	Notts 10
Paul Jacobs	1:08:43	Notts 10			
Steve Leek	1:09:15	Notts 10			
Mark Cottam	1:09:31	Drakelow, Burton			
Rob Plackett	1:16:34	Cropwell Bishop			
Andy Wilkinson	1:23:49	Notts 10			

M40 - W40

Noel Fowler	1:08:37	Barrow	Hilary Hare Duke	1:12:17	Notts 10
Jerry Scarrott	1:10:28	Notts 10	Penny Durance	1:16:49	Cropwell Bishop
Rob Crocker	1:12:28	Notts 10	Dawn Waugh	1:17:18	Cropwell Bishop
Richard Durance	1:16:49	Cropwell Bishop	Anne Thompson	1:28:13	Cropwell Bishop
			Sheila Elliott	1:29:17	Llandudno
			Alison Bottomley	1:32:08	Notts 10

M50 - W50

Pete Knox	1:04:40	Notts 10	Sandy Poole	1:16:38	Llandudno
Derek Poole	1:05:01	Notts 10	Pat Robinson	1:28:45	Cropwell Bishop
Dane Atkin	1:06:37	Cropwell Bishop			
Terry Bacon	1:09:39	Notts 10			
Steve Priscott	1:10:24	Cropwell Bishop			
Phil Huxley	1:11:38	Cropwell Bishop			
David Cogman	1:14:49	Notts 10			
Richard Elliott	1:16:31	Llandudno			
William Scott	1:17:11	Notts 10			
Terry Bacon	1:12:50	Ropsley			
Bob Stone	1:18:11	Notts 10			
Bernard Jarvis	1:19:44	Barrow			
Pat Walsh	1:30:14	Notts 10			

M60

Frank Makin	1:12:21	Notts 10
Stan Blythen	1:24:15	Notts 10

Half Marathon

Senior Men - Senior Women

Stewart Gregory	1:13:15	Sheffield	Mary Mills	1:26:55	Newark
Dave Allaway	1:17:00	Robin Hood	Teresa Woodford	1:27:52	Robin Hood
Matthew Clapp	1:18:57	Robin Hood	Rachael Watson	1:31:23	Sleaford
Dave Belbin	1:23:37	Robin Hood	Susan Karmazyn	1:31:26	Turkey Trot
Matthew Moore	1:24:17	Robin Hood	Dorothy Michalak	1:36:43	Workshop
Chas Bickford-Smith	1:27:38	Turkey Trot	Julie Pryce	1:39:48	Robin Hood
Steve Leek	1:28:29	Workshop	Rachel Martin	1:42:12	Turkey Trot

Mark Cottam	1:29:33	Worksop	Nicola Cottam	1:43:19	Sleaford
Mark Robinson	1:32:37	Redcar	Jo Spinak	1:51:14	Robin Hood
Rob Plackett	1:47:43	Robin Hood	Lorraine Butterfield	1:52:38	Turkey Trot
			Anne Thompson	1:59:57	Robin Hood
			Fliss Milner	2:06:57	Robin Hood

M40 - W40

Gary Attewell	1:24:48	Turkey Trot	Hilary Hare Duke	1:35:13	Sleaford
Neil Marshall	1:27:40	Robin Hood	Dawn Waugh	1:40:06	Worksop
George Kujawinski	1:28:36	Robin Hood	Su Lancaster	2:02:42	Turkey Trot
Pete Swords	1:29:51	Robin Hood	Mandy Andrews	2:12:05	Turkey Trot
Jerry Scarrott	1:30:22	Turkey Trot	Alison Bottomley	2:13:05	Robin Hood
Neil Devonport	1:33:55	Robin Hood			
Rob Crocker	1:35:19	Newark			
Noel Fowler	1:36:41	Turkey Trot			
Richard Michalak	1:42:15	Turkey Trot			
Richard Durance	1:42:35	Worksop			
Peter Andrews	1:44:11	Robin Hood			
Jihad Mounme	2:03:24	Mansfield			

M50 - W50

Dane Atkin	1:26:15	Worksop	Sandy Poole	1:42:38	Leiden, Holland
Howard Partridge	1:27:07	Robin Hood	Sheila Elliott	1:56:13	Bridlington
Derek Poole	1:27:46	Malta	Pat Robinson	2:00:52	Turkey Trot
Peter Knox	1:28:48	Robin Hood			
Dave Siggs	1:30:55	Robin Hood			
Derek Poole	1:32:47	Worksop			
Phil Huxley	1:33:35	Worksop			
Terry Bacon	1:35:15	Mansfield			
Steve Page	1:35:30	Robin Hood			
Steve Priscott	1:35:41	Robin Hood			
Clarence Ward	1:35:55	Robin Hood			
David Bland	1:36:27	Newark			
Brian Gunn	1:42:17	Reims, France			
Tony Barry	1:44:52	Turkey Trot			
Richard Elliott	1:46:23	Bridlington			
Bryn Stone	1:49:00	Robin Hood			
Bob Stone	1:51:45	Robin Hood			
Alan Swales	1:54:39	Robin Hood			
Pat Walsh	2:03:33	Turkey Trot			

M60

Frank Makin	1:42:21	Robin Hood
Stan Blythen	1:58:02	Worksop
Ron Clements	2:13:06	Robin Hood

M70

John Foden	2:10:10	Linton
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Marathon

Senior Men - Senior Women

Stewart Gregory	2:38:48	Hereford	Mary Mills	3:25:25	Robin Hood
Mark Cottam	3:19:26	Robin Hood	Rachael Watson	3:28:09	London
Henry Twigger	3:30:32	Robin Hood	Dorothy Michalak	3:29:29	Robin Hood
Steve Leek	3:50:51	Robin Hood	Nikki Fitches	4:31:29	London

M40 - W40

Noel Fowler	3:05:57	Robin Hood	Hilary Hare Duke	3:31:56	Robin Hood
Glyn Sawford	3:06:42	Robin Hood	Dawn Waugh	3:37:38	New Forest

M50 - W50

Bernard Jarvis	3:06:35	Stratford	Sandy Poole	3:43:47	London
Derek Poole	3:20:42	Leiden, Holland			
William Scott	4:18:59	Robin Hood			

M60

Frank Makin	3:36:59	London			
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