

Holme Pierrepont Running Club AGM -Events Secretary's Report 2017-18

It's been another great year at HP.

The club continues to grow its membership and it's fantastic to see increasing numbers of HP runners at the Summer League and Cross-Country League events.

As Events Secretary, my main aim has always been to increase participation in events but I still hear that HP members are put off running in events because "they don't think they are fast enough". As a rule of thumb if you are able to run in any of our club groups on a Monday or Thursday night, you are fast enough to run in the Summer League, the cross-country events, the fell races, the track events or any of the relays. Please come along and have a go!

To give you an idea of the diversity of abilities in races, look at the finishing times in the Summer League from 2017, all the results are on the Notts AAA website. If you check the 5 mile race we host at HP, you will see the variances:

Fastest man: 25.28

Slowest man: 61.22

Fastest lady: 29.19

Slowest lady: 72.46

I always like to take this opportunity on behalf of all HP members to thank our Team Captains, Jean Inglis and Neil Devonport (Jogger) who work very hard to encourage everyone to participate and then look after our runners at events. They also do the numbers at the end of our League races which is no easy task. Jean in particular has shown incredible commitment as she has had health problems this year and hasn't been running herself but has still attended every race to support and help out.

Thank you to Tom Davies too who has supported me fantastically with event organisation over the last 12 months and has also arranged the very popular Park Run Challenge and the Dream Mile amongst other tasks.

Thank you also to Ruth Brandon for her work in organising the fell race schedule and to James Kirkwood for developing interest in track races.

Summer League 2017:

Our performance in this league was exceptional with mass HP participation and some resulting success.

Senior Men- Champions

Vet Men- 3rd

Senior Ladies-2nd

Vet Ladies: 2nd

Over the 5 races we had 77 male and 47 female runners participating which is brilliant but we would like more!

These are really enjoyable summer evenings out and I would encourage everyone, irrespective of your ability, to come along and give it a go. All the dates for the races this year are on the club website.

All the races start at 7.15pm.

Our Other Events:

- The Long Eaton Relay. This is a really friendly event run through lovely Derbyshire countryside. I am recruiting for this year's teams right now. Please contact me if you are interested.
- The Bramley Apple Challenge – a friendly race against several local clubs.
- National Cross Country Relays- Mansfield
- The Masters Cross Country relays (for vets)- Long Eaton
- Cross Country County Championships- Shipley Park
- Cross Country Midlands Championships- Wollaton Park
- National Cross Country Championships- Parliament Hill, London
- East Midlands Cross Country League where we collected 8 trophies.
- North Midlands Cross Country League.

Grand Prix

The Grand Prix is the main event in the HPRC year!

These are the dates:

Tuesday 26th June 2018: Rushcliffe Country Park

Thursday 28th June 2018: Holme Pierrepont

Tuesday 3rdth July 2018: Embankment

Thursday 5th July 2018: Colwick Park

Please enter the series and enjoy the races. All we ask is that you help the club by marshalling one of the races. This is Glyn's last year in charge so please give him the support he needs and deserves.

Club Nights

As the club grows our club nights are getting busier. We always have at least 1 duty runner but we need more people to volunteer to lead more runs so that we can increase our options for the members. Please see myself or Tom if you can help us with this.

Conclusion

Please continue to get involved with the events so you can get as much as possible out of the club - you will enjoy it more and it will improve your running!

Please contact me if you have any queries about forthcoming events or any suggestions about races you think we should be involved in by e mailing me at thetupholmefamily@gmail.com or chat to me at the club. We will be analysing the recent club survey for inspiration!

Very best wishes for your running over the next 12 months. Steve Tupholme (Events Secretary)