

# HPRC Club Championships 2017

Congratulations to all the winners in the 2017 club championships – and to everyone else who registered a time at any distance.

The tables are awash with PBs this year, and a host of significant performances. Not only are the standards as high as they have probably ever been, the depth of quality is also outstanding. Spare a thought for someone like Matt Nutt who ran a 1:14 half and a 2:38 marathon, and failed to clinch the Senior Men's title in either category!

Here are the category winners.

	<b>5 Miles</b>	<b>10K</b>	<b>10 Miles</b>	<b>Half Marathon</b>	<b>Marathon</b>
<b>Senior Men</b>	Andy Whitehead	Tony Meenaghan Matt Nutt	Javier Cabrero	Craig Taylor	Steve Shanks
<b>M40</b>	David Greenwood	David Greenwood	David Greenwood	Paul Roome	David Greenwood
<b>M50</b>	Kevin Ford	Kevin Ford	Jim Hewitt	Kevin Ford	John Harrison
<b>M60</b>	George Kujawinski	Neil Devonport	Neil Devonport	Kevin Ford	Richard Durance
<b>M70</b>	John Oldfield	John Oldfield	Derek Poole	Philip Roberts	Philip Roberts
<b>Senior Ladies</b>	Louise Read	Louise Read	Louise Read	Louise Read	Louise Read
<b>F40</b>	Claire Hayes	Claire Hayes	Ruth Brandon	Claire Hayes	Claire Hayes
<b>F50</b>	Christine Heaton	Christine Heaton	Christine Heaton	Christine Heaton	Christine Heaton
<b>F60</b>		Penny Durance	Julie McGeorge	Julie McGeorge	Penny Durance
<b>F70</b>	Sandy Poole	Friedel Plant	Friedel Plant	Sandy Poole	

Whilst it's good to see the competitiveness in a number of different categories, perhaps best reflected in the Senior men's titles being shared around, the sheer volume of performances is also notable. A huge number of club members are represented in the championship tables this year. And whereas in the past maybe a handful of runners would, say, run a sub90 half marathon, this year 29 men and two ladies achieved this feat. Eight men ran a sub3 marathon. Four women ran a sub3:15 marathon. Sixteen men and one lady ran a sub40 10K. Any one of these performances might have won a champs title in past years. This depth and inter-club competitiveness is reflected at all levels. It's great to see friendly competition helping to motivate and encourage improvements.

Remember, every time on an accurately measured course at a championship distance is eligible. The 2018 championship year has started already, so make sure you add your time to the results spreadsheet as soon as possible after your race. If we don't know about it, we can't include it! See <http://www.hprcrun.co.uk/clubchamps.html> for all the details.

The full final tables are below.

### 5 Miles

Senior Men			Senior Ladies		
Andy Whitehead	26:55	NWSC	Louise Read	32:11	NWSC
Craig Taylor	27:28	NWSC	Hannah Sampson	33:19	NWSC
Matt Nutt	28:04	NWSC	Emma Cupitt	34:40	Beeston
Andrew Reynolds	28:05	NWSC	Carly Stretton	35:18	NWSC
Steve Shanks	28:24	NWSC	Sarah Tyler	35:27	NWSC
Eddy George	28:50	NWSC	Claire Lewis	35:41	NWSC
Andy Barron	29:29	NWSC	Ann Gould	35:47	Beeston
Ben Curson	29:51	NWSC	Kirsty Dumelow	38:47	NWSC
Steve Eatherington	30:18	NWSC	Naomi Walters	40:54	NWSC
Ant Squire	30:43	NWSC	Sarah Coleman	41:27	NWSC
Neil Cooper	30:57	NWSC	Vicky Thurlby	43:17	NWSC
Javier Cabrero	30:58	NWSC			
Michael Miller	31:21	NWSC			
Andy Soley	31:31	Beeston			
Tom Davies	31:50	Beeston			
Shaun Harrison	31:57	NWSC			
Matt Wynn	31:58	NWSC			
Chris Brawn	32:02	NWSC			
Kevin Bell	32:27	NWSC			
Brendan McCormack	32:35	NWSC			
Andy Soley	33:35	NWSC			

John Sutherns	33:52	Beeston			
Tim Powell-Perry	33:59	NWSC			
Colin Hallam	34:14	NWSC			
Robert Harper	34:15	NWSC			
Joseph Eccles	34:52	NWSC			
Chris Allen	36:33	NWSC			
Simon Leadley	38:01	NWSC			
Tom Gwynne	39:02	Kegworth			
Jonathan Heeley	43:23	NWSC			
<b>Men V40</b>			<b>Ladies V40</b>		
David Greenwood	27:22	NWSC	Claire Hayes	33:07	Wymeswold
Mark Wyszynski	29:38	NWSC	Janet Atkinson	34:24	NWSC
Matthew Grainge	29:44	NWSC	Ruth Brandon	35:06	Bassingham
Will Meredith	30:19	Bassingham	Editha van Loon	35:37	Beeston
Mike Wells	30:29	NWSC	Claire Goodman	35:52	NWSC
Wayne McAneaney	30:49	NWSC	Michelle Noble	37:58	NWSC
Rob Jackson	30:54	NWSC	Lisa Chan	38:21	NWSC
Keith Jamieson	31:12	NWSC	Sue Chicken	38:33	Sutton Benger
Arry Nathan	31:59	NWSC	Rachel Grant	42:52	NWSC
Peter Evans	33:25	Wymeswold	Suze Moore	45:45	NWSC
Chris Jekiel	34:34	NWSC			
Gary Cragg	35:17	NWSC			
Rupert Killik	35:59	NWSC			
Matt Aldridge	36:07	NWSC			
Richard Clayton	37:30	NWSC			
Robin Denton	40:58	NWSC			
Ewan Henderson	43:51	NWSC			
<b>Men V50</b>			<b>Ladies V50</b>		
Kevin Ford	31:42	NWSC	Christine Heaton	32:35	NWSC
Neil Devonport	36:56	NWSC	Patti Cranton	36:26	NWSC
Stephen Eccles	37:00	NWSC	Amanda Hibbert	38:05	NWSC
David Ralph	37:58	NWSC	Sue Chicken	39:20	NWSC
Jim Hewitt	38:40	NWSC	Lindsey Marshall	40:35	Wymeswold
John Goodman	39:39	NWSC	Kelly Chapman	42:55	NWSC
David Marshall	42:01	NWSC			
Stuart Fielder	42:40	NWSC			
Keith Lowe	42:45	NWSC			
Andy Sharp	45:06	NWSC			
<b>Men V60</b>			<b>Ladies V60</b>		

George Kujawinski	39:13	NWSC			
William Scott	45:20	NWSC			
Brian Robert Stone	50:29	NWSC			
<b>Men V70</b>			<b>Ladies V70</b>		
John Oldfield	39:31	Bassingham	Sandy Poole	47:49	NWSC
Derek Poole	41:18	Wellingborough	Christine Oldfield	53:12	NWSC

## 10K

<b>Senior Men</b>			<b>Senior Ladies</b>		
Tony Meenaghan	34:31	Chesterton	Louise Read	39:40	NWSC
Matt Nutt	34:31	NWSC	Hannah Sampson	43:12	Cropwell Bishop
Oliver Matharu	35:04	NWSC	Emma Cupitt	43:15	NWSC
Craig Taylor	35:10	Cropwell Bishop	Anna Heaton	43:32	Aberystwyth
Steve Shanks	35:17	NWSC	Carly Stretton	43:56	Mansfield
Eddy George	35:48	Wilne	Sarah Tyler	44:00	Rushcliffe
James Kirkwood	36:32	Aberystwyth	Claire Lewis	45:15	NWSC
Andy Barron	37:11	Rushcliffe	Ann Gould	45:38	Cropwell Bishop
Michael Miller	39:19	Leicester	Nikki Dixon	45:40	Mablethorpe
Neil Cooper	39:22	Cropwell Bishop	Aimee Palace	45:50	Cropwell Bishop
Ben Curson	40:01	Cropwell Bishop	Karen Nix	46:53	University
Shaun Harrison	40:20	Cropwell Bishop	Lisa Smith	47:09	Nottingham
Kevin Bell	40:42	Rushcliffe	Naomi Walters	48:28	Lincoln
Ed Ducker	41:17	NWSC	Lauren Johnson	48:42	NWSC
Luke Rising	42:45	Lincoln	Naomi Macarthur	49:51	Rushcliffe
John Sutherns	42:46	Cropwell Bishop	Catherine Stocks	50:01	NWSC
Robert Page	42:56	NWSC	Jackie Welburn	51:00	Cropwell Bishop
Joseph Eccles	42:57	NWSC	Lorna Pilbin	51:47	Rushcliffe
Tim Powell-Perry	43:18	NWSC	Catherine Carr	54:11	Cropwell Bishop
Steven Sherburn	43:18	Cropwell Bishop	Mel Weaver	55:09	Nottingham
Robert Harper	43:36	NWSC	Dawn Hughes	55:55	Cropwell Bishop
Rob Macdonald	44:03	NWSC	Tara Ricketts	57:28	Rushcliffe
John Hillier	44:26	NWSC	Caroline Weaver	57:45	Nottingham
Andy Soley	44:54	Nottingham	Jenny Kerr	58:59	Rushcliffe
Craig Curtis	46:46	Rushcliffe	Rachel Deane	59:35	Nottingham
Danny Graham	46:47	University	Jo Smith	59:40	Rushcliffe
David Hodson	47:01	Newark	Lucy Teece	1:00:43	Rushcliffe
Rich Wells	47:50	Rushcliffe	Lucy Chadborn	1:01:12	Cropwell Bishop
Simon Leadley	50:37	Cropwell Bishop			

Matthew Walker	51:46	Leicester			
Jonathan Heeley	51:48	Long Bennington			
Alexander Topliss	52:21	Rushcliffe			
Shaun Cross	53:49	Rushcliffe			
Edward Charter	1:04:13	Nottingham			
<b>Men V40</b>			<b>Ladies V40</b>		
David Greenwood	33:37	Leeds	Claire Hayes	40:14	Lincoln
Paul Roome	35:26	Nottingham	Ruth Brandon	42:58	Skegness
Mike Wells	37:20	Gainsborough	Janet Atkinson	43:27	NWSC
Will Meredith	38:25	NWSC	Editha van Loon	44:22	Cropwell Bishop
Matthew Grainge	38:38	University	Claire Goodman	45:16	Cropwell Bishop
Wayne McAneaney	39:53	University	Michelle Noble	46:06	Mablethorpe
David Corbett	40:38	NWSC	Lisa Chan	48:31	University
Arry Nathan	40:58	NWSC	Karen Usher	49:03	Cropwell Bishop
Gary Cragg	41:45	Cropwell Bishop	Rachel Grant	49:53	Rushcliffe
Chris Jekiel	43:06	Cropwell Bishop	Jo Chalmers	50:05	Cropwell Bishop
Rupert Killik	44:02	NWSC	Gina Granger	50:11	University
Richard Jones	44:59	Rushcliffe	Ruth Swain	51:44	Long Bennington
Roger Spence	45:03	Long Bennington	Clare Ablethorpe	51:57	Cropwell Bishop
Darren Fisher	45:13	Cropwell Bishop	Eleanor Weinberg	53:02	Cropwell Bishop
Paul Griffiths	45:40	Cropwell Bishop	Gillian Bubb	53:46	Nottingham
Matt Aldridge	45:54	NWSC	Sarah Sharp	53:58	NWSC
Scott Smith	46:57	NWSC	Kate Coppinger	55:53	Cropwell Bishop
Luke Rising	47:47	NWSC	Beatrice Giaquinto	57:34	Long Bennington
Robert Pickup	48:12	Cropwell Bishop	Claire Sambridge	57:45	Cropwell Bishop
Andrew Price	48:35	NWSC	Heidi Fielder	1:05:25	Cropwell Bishop
Robin Denton	51:04	Rushcliffe	Stephanie Shardlow	1:06:24	Rushcliffe
Ewan Henderson	51:15	Wilne	Lindy Clarke	1:13:24	Rushcliffe
Richard Armstrong	53:28	Rushcliffe			
Simon Litchfield	53:43	Cropwell Bishop			
James Higham	1:02:15	Rushcliffe			
<b>Men V50</b>			<b>Ladies V50</b>		
Kevin Ford	41:20	NWSC	Christine Heaton	40:29	Leeds
Wayne Cranton	41:35	Cropwell Bishop	Patti Cranton	44:43	Rushcliffe
Paul Jacobs	42:21	Cropwell Bishop	Susan Karmazyn	46:24	Cropwell Bishop

David Ralph	46:46	NWSC	Sue Chicken	47:30	Doncaster
Nigel Harrison	48:15	Cropwell Bishop	Amanda Hibbert	47:42	Long Bennington
Patrick McGurk	49:12	Cropwell Bishop	Lorraine Salkild	48:05	Long Bennington
John Goodman	50:34	Rushcliffe	Karen Blackmore	49:28	Cropwell Bishop
Roland Malkin	52:41	Lincoln	Lindsey Marshall	50:29	Fradley
David Marshall	52:42	Fradley	Mary McGurk	51:31	Cropwell Bishop
Stuart Fielder	56:18	Cropwell Bishop	Katie Holmes	52:46	Yateley
Andy Sharp	56:38	Long Bennington	Andrea Lowe	55:10	Lincoln
			Dawn Waugh	55:24	Cropwell Bishop
			Pamela Crawford	55:27	NWSC
			Savitaa Kapoor	58:31	Cropwell Bishop
			Diane Peck	1:00:56	Cropwell Bishop
			Mary Mills	1:01:28	Ashbourne
			Rose Graham	1:00:43	Long Bennington
<b>Men V60</b>			<b>Ladies V60</b>		
Neil Devonport	45:36	NWSC	Penny Durance	49:04	Sheffield
Stuart Brook	47:41	Leicester	Linda Evans	56:22	Rushcliffe
Stephen Eccles	49:02	University			
Steve Priscott	50:16	Newark			
Mark Rose	50:17	NWSC			
David Bland	52:37	Wilne			
Stuart Nicholson	53:20	Eastleigh			
Dick Durance	53:49	Sheffield			
Bryn Stone	1:03:26	Bilbao			
<b>Men V70</b>			<b>Ladies V70</b>		
John Oldfield	49:42	University	Friedel Plant	56:33	Wilne
Derek Poole	50:39	Wilne	Sandy Poole	58:10	Wilne
Bernard Jarvis	51:34	Nottingham	Christine Oldfield	1:04:20	NWSC
Derek Rose	59:10	Shrewsbury			

### 10 Miles

<b>Senior Men</b>			<b>Senior Ladies</b>		
Javier Cabrero	1:07:33	Burton-on-Trent	Louise Read	1:10:05	Derby
Kevin Bell	1:08:13	Derby	Carly Stretton	1:10:45	Derby
Ant Squire	1:09:08	Notts	Emma Cupitt	1:11:59	Notts

John Sutherns	1:11:22	Notts	Ann Gould	1:15:41	Burton-on-Trent
Andy Soley	1:13:17	Notts	Vicky Thurlby	1:33:16	Ashbourne
Rob McDonald	1:14:32	Notts			
<b>Men V40</b>			<b>Ladies V40</b>		
David Greenwood	56:47	Derby	Ruth Brandon	1:13:35	Fenland
Will Meredith	1:05:13	Notts	Janet Atkinson	1:14:26	Notts
Rob Jerome	1:08:42	Notts	Editha van Loon	1:15:07	Notts
Gary Cragg	1:11:29	Notts	Lisa Chan	1:23:24	Notts
Chris Jekiel	1:16:13	Ashbourne	Claire Cracknell	1:31:44	Ashbourne
Richard Jones	1:18:46	Notts	Stella Betts	2:15:48	Ashbourne
Ewan Henderson	1:24:18	Derby			
Ian Sullivan	1:25:31	Ashbourne			
Simon Litchfield	1:29:45	Ashbourne			
<b>Men V50</b>			<b>Ladies V50</b>		
Jim Hewitt	1:26:19	Notts	Christine Heaton	1:08:52	Derby
Martin Spencer	1:32:18	Notts	Sue Chicken	1:20:11	Derby
Peter Gale	1:37:08	Derby	Kelly Chapman	1:30:26	Ashbourne
			Katie Holmes	1:30:36	Burton-on-Trent
<b>Men V60</b>			<b>Ladies V60</b>		
Neil Devonport	1:17:57	Notts	Julie McGeorge	1:21:46	Derby
David Bland	1:29:06	Notts			
<b>Men V70</b>			<b>Ladies V70</b>		
Derek Poole	1:28:02	Chesterfield	Sandy Poole	1:39:48	Notts
			Christine Oldfield	1:53:41	Notts

## Half Marathon

<b>Senior Men</b>			<b>Senior Ladies</b>		
Craig Taylor	1:14:28	Peterborough	Louise Read	1:30:53	Bristol
Matt Nutt	1:14:30	Nottingham	Charlotte Wildblood	1:31:18	Great North
Steve Shanks	1:18:35	Keyworth	Emma Cupitt	1:31:56	Retford
Eddy George	1:19:21	Cardiff	Sarah Tyler	1:36:05	Keyworth
Oliver Matharu	1:19:44	Nottingham	Ann Gould	1:37:04	Bilbao
Andy Barron	1:22:00	Retford	Hannah Sampson	1:37:15	Nottingham
Steve Eatherington	1:24:12	Keyworth	Carly Stretton	1:38:14	Bilbao
James Kirkwood	1:24:57	Bilbao	Karen Nix	1:38:29	Leicester

Andrew Reynolds	1:25:17	Liverpool	Lindsay Simpson	1:43:12	Worksop
Chris Rhodes	1:26:19	Worcester	Nikki Dixon	1:43:57	Northampton
Andy Soley	1:26:35	Keyworth	Jackie Welburn	1:49:16	Keyworth
Ant Squire	1:26:52	Keyworth	Anna Heaton	1:49:59	Keyworth
Ben Curson	1:27:08	Derby	Lauren Johnson	1:50:06	Keyworth
Ed Ducker	1:27:44	Retford	Ruth Swain	1:52:32	Keyworth
Neil Cooper	1:27:53	Boston UK	Naomi McArthur	1:55:07	Derby
Javier Cabrero	1:27:56	Retford	Lorna Pilbin	1:55:18	Nottingham
Alessandro Ferrari	1:28:27	NWSC	Jenny Kerr	1:56:20	Nottingham
Michael Miller	1:31:05	Nottingham	Rachel Samuel	1:56:34	Derby
Kevin Bell	1:32:20	Hampton Court	Donna Wintersgill	1:56:34	Nottingham
Matt Wynn	1:32:23	Grantham	Vicky Thurlby	1:57:54	Great North
Joseph Eccles	1:33:01	Keyworth	Naomi Walters	1:59:23	Nottingham
Tom Davies	1:33:13	Derby	Jo Smith	1:59:36	Keyworth
John Sutherns	1:33:52	Bilbao	Mel Weaver	2:00:08	Nottingham
Chris Brawn	1:35:06	Worksop	Tara Ricketts	2:00:32	Worksop
David Hodson	1:35:34	Grantham	Rachel Deane	2:21:42	Nottingham
Rob Nason	1:35:55	Keyworth	Lucy Teece	2:22:28	Derby
Rob MacDonald	1:37:16	Newark			
Shaun Harrison	1:38:12	Derby			
Robert Page	1:39:07	Newark			
Tim Powell-Perry	1:40:48	Keyworth			
Robert Harper	1:42:07	Derby			
Craig Curtis	1:45:39	Keyworth			
Simon Leadley	1:51:31	Keyworth			
John Hillier	1:52:22	Chester			
Shaun Cross	1:58:55	Nottingham			
James Blakey	2:08:37	Lincoln			
Jonathan Heeley	2:12:21	Nottingham			
Matthew Roberts	2:20:50	Derby			
Edward Charter	2:39:27	Nottingham			
<b>Men V40</b>			<b>Ladies V40</b>		
Paul Roome	1:14:16	Copenhagen	Claire Hayes	1:29:07	Retford
David Greenwood	1:15:54	Scunthorpe	Janet Atkinson	1:35:27	Retford
Matt Clapp	1:18:33	Retford	Gina Granger	1:36:05	Retford
Mark Wyszynski	1:23:42	Keyworth	Ruth Brandon	1:36:25	Retford
Matthew Grainge	1:23:50	Stafford	Jo Bramley-Maye	1:39:11	Keyworth
Arry Nathan	1:25:39	Retford	Fiona Moffatt	1:41:48	Derby
Will Meredith	1:25:40	Bilbao	Editha Van Loon	1:42:02	Retford



Wayne McAneaney	1:26:00	Bilbao	Tess Tucker	1:42:38	Keyworth
Mike Wells	1:26:44	Bilbao	Lisa Chan	1:47:40	Retford
Keith Jamieson	1:27:02	NWSC	Michelle Noble	1:49:26	Nottingham
Martin Clifford	1:27:05	Keyworth	Becky Watson	1:54:14	Great North
Gary Cragg	1:30:19	Bilbao	Rachel Grant	1:55:09	Keyworth
Matt Wynn	1:30:33	Worksop	Karen Usher	1:55:20	Nottingham
Rob Jerome	1:32:32	Derby	Stella Betts	1:55:32	Nottingham
Laurence Pearce	1:35:58	Nottingham	Ruth Swain	1:55:33	Great North
Chris Jekiel	1:38:45	Great North	Felicity Baker	2:00:36	Keyworth
Matt Aldgridge	1:40:07	Worksop	Claire Cracknell	2:04:05	Amsterdam
Darren Fisher	1:41:21	Nottingham	Lucy Adams	2:06:19	Keyworth
Mark Emery	1:41:41	Keyworth	Sarah Sharp	2:08:11	Keyworth
Scott Smith	1:41:57	Nottingham	Kate Coppinger	2:10:13	Keyworth
Steven Sherburn	1:42:40	Nottingham	Heidi Fielder	2:30:11	Nottingham
Paul Griffiths	1:43:12	Lincoln			
Simon Higson	1:44:34	Derby			
Andrew Price	1:50:11	Keyworth			
Thomas Malin	1:51:09	Keyworth			
Richard Ranby	1:51:10	Keyworth			
Ian Sullivan	1:55:34	Keyworth			
Simon Litchfield	1:57:50	Great North			
Robin Denton	1:59:28	Keyworth			
Ewan Henderson	2:00:15	Worksop			
Gary Wood	2:04:35	Newark			
Jon Tolley	2:09:12	Nottingham			
Grant Findlay	2:14:20	Nottingham			
James Higham	2:18:46	Nottingham			
<b>Men V50</b>			<b>Ladies V50</b>		
Kevin Ford	1:28:59	Derby	Christine Heaton	1:28:45	Keyworth
Wayne Cranton	1:32:16	Nottingham	Susan Karmazyn	1:41:14	Keyworth
Neil Devonport	1:33:15	Keyworth	Patti Cranton	1:45:32	Sheffield
Roger Spence	1:37:53	Worksop	Lindsey Marshall	1:47:42	St Neots
Phil Clarke	1:40:22	Newark	Julie McGeorge	1:48:49	Keyworth
Steve Eccles	1:43:29	Keyworth	Karen Blakemore	1:52:40	Lincoln
Chris Davison	1:43:59	Keyworth	Lucy Adams	1:55:12	Newark
David Sanders	1:49:24	Keyworth	Mary McGurk	2:01:08	Worksop
Nigel Harrison	1:51:13	Keyworth	Linda Evans	2:04:14	Keyworth
John Goodman	1:55:56	Keyworth	Kelly Chapman	2:06:19	Great North
Jim Hewitt	1:57:13	Keyworth	Diane Peck	2:24:40	Nottingham

Roland Malkin	1:57:21	Keyworth			
Stuart Fielder	1:59:02	Nottingham			
Mark Enstone	1:59:29	Keyworth			
Andy Sharp	2:06:01	Nottingham			
Martin Spencer	2:15:35	Newark			
<b>Men V60</b>			<b>Ladies V60</b>		
Kevin Ford	1:23:51	Worksop	Julie McGeorge	1:47:37	Worksop
Neil Devonport	1:36:13	Nottingham	Penny Durance	1:49:59	Bournemouth
Mark Rose	1:49:41	Keyworth			
George Kujawinski	1:54:05	Nottingham			
Richard Durance	1:57:15	Rugby			
Pete Savage	2:02:31	Worksop			
Patrick Walsh	2:55:43	Derby			
<b>Men V70</b>			<b>Ladies V70</b>		
Philip Roberts	1:46:44	Wrexham	Friedel Plant	2:06:22	Worksop
Bernard Jarvis	1:50:22	Newark	Sandy Poole	2:15:40	Retford
Derek Poole	1:51:59	Chester			
Derek Rose	1:57:20	Keyworth			

## Marathon

<b>Senior Men</b>			<b>Senior Ladies</b>		
Steve Shanks	2:38:06	Paris	Louise Read	3:13:00	London
Matt Nutt	2:38:43	Abingdon	Charlotte Wildblood	3:14:05	York
Craig Taylor	2:40:35	London	Emma Cupitt	3:15:49	London
Steve Eatherington	2:56:02	Boston UK	Claire Lewis	3:30:42	Leicester
Andy Soley	3:02:22	York	Ann Gould	3:33:55	London
Ant Squire	3:03:12	London	Lindsay Simpson	3:37:55	Nottingham
Chris Rhodes	3:10:11	Boston UK	Vicky Thurlby	4:23:45	London
Matt Wynn	3:10:40	Boston UK	Tara Ricketts	5:13:36	Boston UK
John Sutherns	3:30:58	Boston UK			
David Hodson	3:31:38	Boston UK			
Rob McDonald	3:44:15	London			
Alex Loach	3:49:07	Liverpool			
Craig Curtis	3:54:13	Chester			
Kevin Bell	3:55:33	Birmingham			
Tim Powell-Perry	4:04:09	Windermere			
Robert Harper	4:19:26	Nottingham			
Simon Leadley	5:25:48	Paris			

Men V40			Ladies V40		
David Greenwood	2:44:52	Amsterdam	Claire Hayes	3:12:44	London
Matt Clapp	2:47:22	Paris	Janet Atkinson	3:23:46	Manchester
Mike Wells	2:57:59	Rotterdam	Ruth Brandon	3:25:41	London
Wayne McAneaney	2:59:37	London	Lisa Chan	3:40:22	Leicester
Arry Nathan	3:06:51	Manchester	Michelle Noble	3:51:16	Boston UK
Martin Clifford	3:12:11	Nottingham	Editha Van Loon	3:56:07	Rotterdam
Gary Cragg	3:13:36	Boston UK	Ruth Swain	4:19:51	Amsterdam
Rob Jerome	3:13:36	Manchester	Suze Moore	4:49:55	Paris
Will Meredith	3:13:44	Boston UK	Anna Gray	4:57:00	Llanberis
Matthew Grainge	3:18:21	Boston, MA			
Chris Jekiel	3:37:30	Manchester			
Steve Tupholme	4:09:33	Llanberis			
Ian Sullivan	4:14:17	York			
James Higham	4:16:51	Leicester			
Matt Aldridge	4:22:14	Manchester			
Richard Clayton	4:23:52	Llanberis			
Remi Gauvin	4:29:05	Nottingham			
Nicholas Bayley	4:47:00	Llanberis			
Men V50			Ladies V50		
John Harrison	3:11:31	London	Christine Heaton	3:11:31	London
Nigel Harrison	4:07:47	Nottingham	Susan Karmazyn	3:35:17	London
Richard Ranby	4:30:18	Nottingham	Amanda Hibbert	3:55:02	Boston UK
Jim Hewitt	4:48:28	Nottingham	Lucy Adams	4:19:16	Nottingham
			Katie Holmes	5:11:27	London
Men V60			Ladies V60		
Richard Durance	4:30:39	Bournemouth	Penny Durance	4:57:50	Valencia
Men V70			Ladies V70		
Philip Roberts	4:11:19	Edinburgh			
Bernard Jarvis	4:30:11	Nottingham			