

# Holme Pierrepont Grand Prix 2009

## Final Standings

### Men

Pos	Forename	Surname	Age	Team	HP	RP	WP	Colwick	Combined
1	Andrius	Ramonas	S	Notts AC	00:33:07	00:20:56	00:15:57	00:26:54	01:36:54
2	David	Miles	V40	Leics Corinthians	00:34:21	00:21:56	00:16:49	00:27:51	01:40:57
3	John	Muddeman	S	Notts AC	00:35:11	00:22:15	00:16:57	00:28:11	01:42:34
4	Neil	Rossin	S	Redhill RR	00:35:37	00:22:42	00:17:15	00:28:34	01:44:08
5	James	Hayden	S	Notts AC	00:36:01	00:22:50	00:17:17	00:28:29	01:44:37
6	Cameron	McNeill	S	LERC	00:35:13	00:23:16	00:17:35	00:28:52	01:44:56
7	Andrew	Colegate	S	LERC	00:36:23	00:23:03	00:17:22	00:28:31	01:45:19
8	Michael	Romanienko	S	Notts AC	00:36:06	00:23:08	00:17:24	00:29:22	01:46:00
9	Simon	Nash	V40	Redhill RR	00:36:10	00:23:15	00:17:50	00:29:18	01:46:33
10	Ian	Chant	S	LERC	00:36:40	00:23:20	00:17:58	00:29:24	01:47:22
11	Robert	Fox	V40	LERC	00:36:25	00:23:32	00:17:53	00:29:40	01:47:30
12	Stan	Pascoe	V50	Redhill RR	00:36:37	00:24:02	00:18:12	00:29:42	01:48:33
13	Luke	Marshall	S	Mansfield Harriers	00:37:08	00:23:35	00:18:06	00:29:50	01:48:39
14	Richie	Talbot	S	Mansfield Harriers	00:38:40	00:23:17	00:17:39	00:29:30	01:49:06
15	Freddie	Hessian	S	Notts AC	00:37:32	00:23:40	00:18:01	00:30:21	01:49:34
16	Mark	Boot	S	LERC	00:37:37	00:23:25	00:18:24	00:31:06	01:50:32
17	Mark	Potts	S	Unaffiliated	00:38:33	00:24:36	00:18:43	00:30:45	01:52:37
18	Peter	Stockdale	S	UK Netrunner	00:38:29	00:24:53	00:18:32	00:30:57	01:52:51
19	Owen	Harris	V40	TFN Tri Club	00:38:17	00:24:42	00:18:37	00:31:23	01:52:59
20	Matthew	Keyworth	S	Unaffiliated	00:39:07	00:24:28	00:18:25	00:31:07	01:53:07
21	John	Birch	V50	LERC	00:38:35	00:24:51	00:18:52	00:31:15	01:53:33
22	Patrick	Fitzgerald	V40	LERC	00:38:39	00:25:06	00:18:49	00:31:11	01:53:45
23	Phil	Abbott	S	LERC	00:38:43	00:24:46	00:19:04	00:31:21	01:53:54
24	Jim	Leatherland	V50	Unaffiliated	00:38:58	00:25:00	00:19:05	00:31:20	01:54:23
25	Dave	Newmarch	S	Unaffiliated	00:39:25	00:24:33	00:19:40	00:31:05	01:54:43
26	Jonathan	Hughes	V40	LERC	00:39:23	00:25:05	00:18:53	00:31:41	01:55:02
27	Simon	Hardy	S	LERC	00:39:06	00:25:32	00:19:15	00:31:47	01:55:40
28	Mario	Rocchelli	S	LERC	00:39:21	00:25:28	00:19:18	00:31:45	01:55:52
29	Tim	Raynor	V40	Mansfield Harriers	00:40:37	00:25:09	00:19:08	00:31:32	01:56:26
30	Dave	Richards	S	Mercia Fell R	00:40:31	00:25:43	00:19:34	00:32:00	01:57:48
31	Mark	Dabney	S	Unaffiliated	00:40:43	00:25:34	00:19:24	00:32:15	01:57:56
32	Jon	Hullis	S	UK Netrunner	00:40:45	00:25:41	00:19:33	00:32:09	01:58:08
33	Brian	Jobe	V40	LERC	00:40:21	00:25:45	00:19:20	00:32:49	01:58:15
34	Seph	Pochin	S	Formula One	00:40:32	00:26:01	00:19:47	00:32:32	01:58:52
35	Luke	Saxton	S	Unaffiliated	00:39:24	00:26:44	00:20:01	00:32:48	01:58:57
36	Tony	Madge	V50	Grantham AC	00:40:54	00:25:49	00:19:50	00:32:25	01:58:58
37	Brett	Belshaw	S	Erewash Valley RC	00:41:02	00:26:07	00:19:38	00:32:18	01:59:05
38	Alan	Maplethorpe	V40	LERC	00:41:22	00:25:50	00:20:03	00:32:28	01:59:43
39	Mark	Tilling	S	Unaffiliated	00:42:35	00:25:46	00:18:54	00:32:36	01:59:51
40	Dave	Needham	V50	Real NTU	00:40:36	00:26:37	00:20:11	00:33:04	02:00:28
41	Mark	Hornsey	S	Unaffiliated	00:41:04	00:26:15	00:19:46	00:33:34	02:00:39
42	Gareth	Edwards	V40	Geese Runners	00:41:55	00:26:47	00:19:49	00:32:58	02:01:29
43	Brian	Goodhall	V50	Erewash Valley RC	00:41:19	00:26:27	00:20:10	00:33:33	02:01:29
44	David	Vernau	S	Formula One	00:40:33	00:27:55	00:20:04	00:33:19	02:01:51
45	Ashok	Patel	V50	LERC	00:41:31	00:27:12	00:20:39	00:33:35	02:02:57
46	Junior	Glave	V40	Unaffiliated	00:42:07	00:26:59	00:20:38	00:33:21	02:03:05
47	Richard	Spencer	V40	Unaffiliated	00:41:54	00:27:46	00:19:37	00:33:53	02:03:10
48	Mark	Stowell	V40	Unaffiliated	00:42:18	00:26:14	00:21:11	00:33:30	02:03:13
49	Paul	Stacey	V40	Redhill RR	00:42:25	00:26:42	00:20:25	00:33:50	02:03:22
50	Jez	Page	V40	Grantham AC	00:42:23	00:26:52	00:20:37	00:34:13	02:04:05
51	Daniel	Gooch	S	Kimberley & D Striders	00:42:29	00:26:40	00:20:44	00:34:37	02:04:30
52	Jason	Stansfield	S	Redhill RR	00:41:45	00:27:00	00:21:08	00:34:38	02:04:31
53	Miguel	Gimeno-Fabra	S	Unaffiliated	00:43:49	00:27:02	00:20:05	00:33:44	02:04:40
54	David	Riley	V50	LERC	00:43:27	00:27:22	00:21:07	00:34:31	02:06:27
55	David	Standing	S	Unaffiliated	00:43:26	00:27:33	00:21:10	00:34:25	02:06:34
56	Richard	Hill	S	Unaffiliated	00:42:59	00:27:09	00:21:20	00:35:10	02:06:38
57	Nigel	Ford	V40	Ryston RC	00:43:41	00:27:29	00:21:09	00:34:44	02:07:03
58	Richard	Browne	S	Unaffiliated	00:43:38	00:27:23	00:21:01	00:35:12	02:07:14
59	Antony	Dorr	S	Beeston AC	00:43:31	00:27:58	00:21:04	00:35:26	02:07:59
60	Chris	Garratt	V40	LERC	00:43:59	00:28:11	00:21:03	00:34:56	02:08:09
61	Mark	Goodson	S	LERC	00:44:35	00:27:36	00:21:31	00:34:32	02:08:14
62	Paul	Deconink	S	Clowne RR	00:43:40	00:28:13	00:21:23	00:35:44	02:09:00
63	Ken	Allen	V60	Notts AC	00:43:58	00:28:56	00:21:21	00:35:16	02:09:31
64	Philip	Thompson	S	LERC	00:44:42	00:27:54	00:21:19	00:35:53	02:09:48
65	Michael	Ellis	S	Formula One	00:44:15	00:28:22	00:21:25	00:36:00	02:10:02

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66	Carl	Davey	V40	Redhill RR	00:44:51	00:28:20	00:22:07	00:35:52	02:11:10
67	M	Tilling	V40	LERC	00:44:45	00:29:13	00:21:48	00:36:10	02:11:56
68	David	Osborne	V50	Unaffiliated	00:45:27	00:28:51	00:21:29	00:36:24	02:12:11
69	Neil	Tucker	S	Unaffiliated	00:45:50	00:28:42	00:21:26	00:36:26	02:12:24
70	Jim	Davies	V50	FRA	00:45:05	00:28:40	00:22:08	00:36:32	02:12:25
71	Paul	Watson	S	Unaffiliated	00:45:36	00:28:43	00:22:04	00:36:19	02:12:42
72	Ian	Dyke	S	Unaffiliated	00:47:04	00:28:24	00:21:39	00:35:59	02:13:06
73	Stuart	Platts	V40	Clowne RR	00:51:13	00:28:00	00:20:28	00:33:27	02:13:08
74	Oliver	Cook	V40	Unaffiliated	00:45:32	00:28:35	00:22:06	00:37:01	02:13:14
75	Richard	Mitson	V40	Notts AC	00:46:02	00:28:53	00:22:17	00:36:22	02:13:34
76	Alun	Smith	S	Unaffiliated	00:46:57	00:28:33	00:21:27	00:36:47	02:13:44
77	Damian	Cowlshaw	V40	LERC	00:46:20	00:28:57	00:22:07	00:36:42	02:14:06
78	Andrew	Phillips	V40	Redhill RR	00:45:44	00:29:25	00:22:21	00:36:50	02:14:20
79	Colin	Bostock	V50	LERC	00:45:38	00:29:05	00:23:13	00:36:30	02:14:26
80	Philip	Truswell	S	Unaffiliated	00:49:05	00:28:26	00:21:02	00:36:11	02:14:44
81	Alex	Eustace	S	Redhill RR	00:47:37	00:28:36	00:22:22	00:36:09	02:14:44
82	Keith	Palmer	V40	Redhill RR	00:46:29	00:29:18	00:22:25	00:36:43	02:14:55
83	John	Hay	V40	LERC	00:46:23	00:29:04	00:22:32	00:37:11	02:15:10
84	Roy	Ingram	S	Kimberley & D Striders	00:46:07	00:29:19	00:23:05	00:36:46	02:15:17
85	John	Baines	S	Unaffiliated	00:46:58	00:28:54	00:21:12	00:38:22	02:15:26
86	David	Cameron	S	Unaffiliated	00:47:31	00:29:20	00:22:11	00:36:40	02:15:42
87	Jerry	Cook	V40	Shepshed RC	00:47:19	00:28:34	00:22:25	00:37:57	02:16:15
88	Terry	Mayor	V50	Unaffiliated	00:46:04	00:29:17	00:23:03	00:38:06	02:16:30
89	Douglas	Danquah	V50	Geese Runners	00:47:53	00:29:40	00:22:20	00:36:48	02:16:41
90	David	Gill	V50	Notfast	00:46:08	00:29:33	00:22:58	00:38:03	02:16:42
91	Paul	Clark	S	Unaffiliated	00:46:48	00:28:46	00:21:56	00:39:14	02:16:44
92	Russell	Robinson	S	Unaffiliated	00:47:50	00:30:33	00:21:54	00:36:33	02:16:50
93	Duncan	Gedge	V40	LERC	00:47:21	00:29:06	00:22:31	00:38:07	02:17:05
94	Ian	Berry	S	Unaffiliated	00:47:07	00:29:32	00:23:12	00:37:37	02:17:28
95	Tim	Horan	V50	Unaffiliated	00:47:17	00:29:24	00:23:07	00:37:44	02:17:32
96	Mark	Harrison	S	LERC	00:47:41	00:30:02	00:22:28	00:37:21	02:17:32
97	Christopher	Royles	V40	Nottingham Rowing Club	00:47:33	00:30:01	00:22:32	00:37:29	02:17:35
98	Mark	Ingram	S	Unaffiliated	00:46:29	00:31:52	00:22:29	00:36:52	02:17:42
99	Russell	Deards	V40	Unaffiliated	00:47:23	00:29:43	00:22:35	00:38:04	02:17:45
100	Terry	Jones	V60	Barrow Runners	00:46:24	00:30:22	00:23:46	00:37:45	02:18:17
101	Dennis	Parker	V50	Erewash Valley RC	00:48:25	00:29:53	00:22:55	00:37:09	02:18:22
102	Jerome	Foley	S	Unaffiliated	00:48:29	00:29:46	00:22:09	00:38:12	02:18:36
103	Peter	Holmes	V40	Erewash Valley RC	00:47:44	00:29:48	00:23:15	00:38:24	02:19:11
104	Stuart	Norton	S	Unaffiliated	00:48:05	00:30:48	00:23:08	00:37:51	02:19:52
105	John	Heathcote	V50	Unaffiliated	00:49:31	00:29:59	00:22:57	00:37:39	02:20:06
106	Richard	Evans	S	Unaffiliated	00:49:13	00:30:10	00:22:33	00:38:49	02:20:45
107	Nigel	Starr	V50	Erewash Valley RC	00:48:36	00:30:49	00:23:04	00:38:18	02:20:47
108	Mark	Connolly	V40	Run Local	00:47:18	00:30:13	00:23:49	00:39:33	02:20:53
109	Robert	Williams	V40	Run Local	00:47:47	00:30:50	00:23:02	00:39:32	02:21:11
110	Rob	Penn	S	Unaffiliated	00:49:30	00:30:14	00:23:06	00:38:26	02:21:16
111	Simon	Gilby	V50	Unaffiliated	00:50:09	00:30:51	00:23:44	00:37:46	02:22:30
112	Stephen	Turnbull	S	Unaffiliated	00:49:48	00:31:09	00:23:09	00:38:39	02:22:45
113	Neil	Elliott	S	Unaffiliated	00:49:40	00:30:45	00:23:39	00:38:44	02:22:48
114	Nick	Pullen	S	Unaffiliated	00:49:33	00:30:37	00:23:41	00:39:09	02:23:00
115	Mike	Henshaw	V40	Erewash Valley RC	00:50:05	00:31:37	00:23:01	00:38:25	02:23:08
116	Matthew	Spicer	S	Unaffiliated	00:49:47	00:31:07	00:23:34	00:38:47	02:23:15
117	Simon	Fennemore	S	Unaffiliated	00:50:19	00:30:46	00:23:18	00:38:54	02:23:17
118	Nigel	Daniels	V70	Redhill RR	00:47:30	00:32:07	00:24:28	00:39:36	02:23:41
119	Stuart	Nicholson	V50	Unaffiliated	00:49:52	00:30:52	00:24:15	00:39:18	02:24:17
120	Howard	Watkinson	V50	Unaffiliated	00:49:14	00:31:40	00:24:29	00:39:44	02:25:07
121	David	Richards	V40	Formula One	00:50:57	00:31:11	00:23:31	00:39:35	02:25:14
122	Tristan	Barnet	S	Unaffiliated	00:50:34	00:31:38	00:23:37	00:39:28	02:25:17
123	Craig	Cooper	S	Unaffiliated	00:50:01	00:30:56	00:24:10	00:40:20	02:25:27
124	Darren	Brimer	V40	Veg. Cycle AC	00:49:01	00:31:34	00:24:40	00:40:23	02:25:38
125	Colin	Godber	V50	Unaffiliated	00:50:25	00:31:42	00:23:53	00:39:41	02:25:41
126	Kevin	Hudson	V40	Sweatshop RC	00:50:12	00:31:55	00:24:17	00:39:17	02:25:41
127	Derek	Bulmore	V40	Unaffiliated	00:49:20	00:31:53	00:24:04	00:40:44	02:26:01
128	Phong	Cao	S	Unaffiliated	00:50:47	00:31:38	00:24:15	00:39:34	02:26:14
129	Gabriel	Rabbitte	V40	Unaffiliated	00:50:49	00:31:44	00:24:41	00:39:27	02:26:41
130	Steve	Clarke	V60	Unaffiliated	00:49:56	00:31:43	00:24:37	00:40:34	02:26:50
131	Stuart	McHattie	S	Police	00:51:13	00:32:01	00:23:43	00:40:11	02:27:08
132	Mark	Tinsley	S	Unaffiliated	00:52:05	00:30:32	00:24:29	00:40:19	02:27:25

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133	Chris	Sanderson	S	Unaffiliated	00:50:24	00:31:50	00:23:56	00:41:16	02:27:26
134	Bill	Sheppard	V50	LERC	00:49:36	00:31:56	00:25:06	00:41:35	02:28:13
135	Matt	Vaughan	S	Unaffiliated	00:51:23	00:31:03	00:23:26	00:43:02	02:28:54
136	Craig	Hatcher	S	Unaffiliated	00:51:05	00:31:26	00:26:09	00:40:41	02:29:21
137	Steve	Taylor	V50	Formula One	00:49:49	00:31:02	00:25:12	00:43:21	02:29:24
138	Robin	Cook	V60	Unaffiliated	00:51:23	00:32:43	00:24:08	00:41:24	02:29:38
139	David	Hindley	S	Real NTU	00:52:58	00:32:12	00:24:27	00:40:46	02:30:23
140	Geoff	Hardy	V50	Unaffiliated	00:51:52	00:32:32	00:25:04	00:41:26	02:30:54
141	Benjamin	Wall	S	Fab AC	00:52:51	00:31:39	00:24:44	00:42:01	02:31:15
142	Patrick	Connor	V40	Unaffiliated	00:52:08	00:32:00	00:25:37	00:41:38	02:31:23
143	Christian	Gillett	S	Unaffiliated	00:54:47	00:31:25	00:23:32	00:42:43	02:32:27
144	Richard	Ecob	V40	Run Local	00:53:23	00:32:16	00:25:10	00:42:02	02:32:51
145	Rob	Dransfield	V50	Real NTU	00:52:27	00:32:51	00:24:19	00:43:28	02:33:05
146	Craig	Chewings	S	Unaffiliated	00:54:54	00:32:49	00:24:30	00:41:03	02:33:16
147	Nick	Maidment	S	Unaffiliated	00:51:25	00:32:04	00:24:36	00:45:14	02:33:19
148	Simon	Burton	V50	Unaffiliated	00:55:13	00:33:27	00:22:42	00:41:57	02:33:19
149	Dean	Dennis	S	Unaffiliated	00:53:30	00:32:17	00:25:39	00:42:34	02:34:00
150	Neal	Fellows	V40	Rolls Royce Harriers	00:53:25	00:33:02	00:25:43	00:42:42	02:34:52
151	Chris	Padwick	V40	Sweatshop RC	00:53:17	00:32:30	00:26:10	00:43:05	02:35:02
152	Lloyd	Prosser	S	Unaffiliated	00:53:41	00:33:33	00:25:32	00:42:31	02:35:17
153	Darren	Waite	V40	Unaffiliated	00:54:52	00:32:41	00:25:11	00:42:40	02:35:24
154	Dave	Roberts	V50	Run Local	00:54:18	00:33:20	00:25:55	00:42:08	02:35:41
155	Joshua	Pike	S	Unaffiliated	00:56:11	00:33:09	00:24:25	00:42:00	02:35:45
156	Ian	Machan	V40	Unaffiliated	00:53:52	00:34:10	00:25:38	00:43:09	02:36:49
157	Keith	Palfaman	V40	Unaffiliated	00:57:15	00:33:01	00:25:01	00:42:19	02:37:36
158	Geoffrey	Brown	V50	Unaffiliated	00:54:04	00:34:22	00:26:19	00:42:59	02:37:44
159	Ian	Stubbs	V60	Shephed RC	00:51:43	00:35:32	00:27:38	00:44:27	02:39:20
160	Martin	Nelson	S	Run Local	00:54:23	00:33:41	00:25:40	00:46:25	02:40:09
161	Mark	Webster	V40	NOC	00:56:51	00:34:39	00:27:02	00:42:30	02:41:02
162	Peter	Bryant	V60	Unaffiliated	00:55:17	00:35:25	00:27:22	00:44:33	02:42:37
163	David	Noble	S	Unaffiliated	00:55:23	00:35:28	00:26:21	00:46:43	02:43:55
164	Neal	Matthews	V40	Unaffiliated	00:56:00	00:35:02	00:28:45	00:45:05	02:44:52
165	John	McGinley	V40	Unaffiliated	00:57:41	00:35:52	00:27:42	00:45:56	02:47:11
166	Colin	Thomas	V40	Unaffiliated	00:57:39	00:37:03	00:27:36	00:44:53	02:47:11
167	Frank	Skillington	V60	Unaffiliated	00:58:31	00:36:12	00:27:39	00:44:58	02:47:20
168	Cairnan	Duffy	S	Unaffiliated	00:58:19	00:35:51	00:27:35	00:46:30	02:48:15
169	Simon	Keating	V50	Unaffiliated	00:58:11	00:36:13	00:28:40	00:45:15	02:48:19
170	Don	Ross	V50	Unaffiliated	00:58:39	00:37:07	00:27:54	00:45:39	02:49:19
171	Steve	Pike	V40	Unaffiliated	00:59:25	00:36:22	00:27:30	00:46:39	02:49:56
172	Colin	Goodwin	V40	Unaffiliated	00:55:57	00:37:11	00:31:24	00:47:15	02:51:47
173	Alan	Lloyd	S	Unaffiliated	00:58:22	00:37:54	00:28:13	00:47:24	02:51:53
174	Andrew	Murton	S	Fab AC	00:55:44	00:34:42	00:32:05	00:50:27	02:52:58
175	Adrian	Brown	S	Unaffiliated	01:00:09	00:37:45	00:28:57	00:47:55	02:54:46
176	Andrew	Terry	V50	Unaffiliated	01:01:31	00:37:53	00:29:17	00:48:27	02:57:08
177	Gary	Mitchell	V50	Unaffiliated	01:02:04	00:38:24	00:29:50	00:47:39	02:57:57
178	Keith	Rainford	V50	Unaffiliated	01:02:07	00:38:47	00:29:49	00:47:45	02:58:28
179	Yin	Qiang	V40	Real NTU	00:58:36	00:46:00	00:30:59	00:44:45	03:00:20
180	Steve	Adcock	V50	Unaffiliated	01:03:22	00:39:03	00:30:06	00:49:16	03:01:47
181	Kevin	Roughton	S	Unaffiliated	01:04:50	00:39:15	00:30:02	00:48:52	03:02:59
182	Dave	Kilner	V50	Run Local	01:06:47	00:38:51	00:30:49	00:47:42	03:04:09
183	Kanagary	Marimothu	S	Fab AC	01:08:45	00:40:22	00:29:53	00:49:25	03:08:25
184	Roy	Ainscough	V70	Unaffiliated	01:06:23	00:42:20	00:32:54	00:54:16	03:15:53
185	Craig	Porter	S	Fab AC	01:08:59	00:40:23	00:32:39	00:55:06	03:17:07

## Women

Pos	Forename	Surname	Age	Team	HP	RP	WP	Colwick	Combined
1	Sharon	Orridge	V40	LERC	00:37:44	00:23:48	00:18:13	00:30:22	01:50:07
2	Joanne	Birtwistle	S	Unaffiliated	00:39:32	00:25:17	00:19:31	00:32:46	01:57:06
3	Rachel	France	S	Unaffiliated	00:41:06	00:26:42	00:20:19	00:32:54	02:01:01
4	Frances	McKinnon	S	Southwell RC	00:42:01	00:27:08	00:20:28	00:34:05	02:03:42
5	Helen	Woods	S	Kimberley & D Striders	00:42:51	00:27:10	00:20:24	00:33:19	02:03:44
6	Monica	Fee	S	LERC	00:43:04	00:27:15	00:21:05	00:34:21	02:05:45
7	Catherine	Charlton	S	Redhill RR	00:42:56	00:27:07	00:20:59	00:35:05	02:06:07
8	Beth	Hird	S	Formula One	00:43:30	00:28:18	00:21:38	00:35:17	02:08:43
9	Natalie	Fryer	S	LERC	00:44:25	00:27:55	00:21:17	00:36:07	02:09:44
10	Sarah	Vernau	S	Formula One	00:44:46	00:27:59	00:21:21	00:35:46	02:09:52
11	Catherine	Benson	V40	LERC	00:45:59	00:28:50	00:21:26	00:35:57	02:12:12

# Holme Pierrepont Grand Prix 2009

## Final Standings

12	Jodie	Smith	S	LERC	00:45:55	00:28:51	00:22:01	00:36:28	02:13:15
13	Jackie	Mather	V40	LERC	00:44:56	00:29:19	00:22:12	00:36:51	02:13:18
14	Madeline	Lomas	V50	Charnwood AC	00:45:46	00:29:18	00:22:26	00:36:23	02:13:53
15	Lucy	Wasse	S	Unaffiliated	00:47:10	00:29:00	00:21:42	00:36:12	02:14:04
16	Sarah	Parker	S	Redhill RR	00:45:54	00:29:26	00:22:32	00:36:42	02:14:34
17	Nadia	Jackson	V40	Unaffiliated	00:45:40	00:29:15	00:22:35	00:37:13	02:14:43
18	Elisabeth	Whelband	S	Unaffiliated	00:46:22	00:29:28	00:22:19	00:37:40	02:15:49
19	Catherine	Rowe	V50	LERC	00:45:52	00:29:31	00:22:46	00:37:42	02:15:51
20	Caroline	Waterhouse	V40	LERC	00:46:59	00:29:08	00:22:27	00:37:31	02:16:05
21	Holly	Blount	S	Mansfield Harriers	00:47:07	00:29:20	00:22:28	00:37:11	02:16:06
22	Kate	Fisher	V40	Formula One	00:46:09	00:29:55	00:23:04	00:37:58	02:17:06
23	Bev	Barnes	V40	Redhill RR	00:47:09	00:29:47	00:22:49	00:37:39	02:17:24
24	Claire	Talbot	S	Mansfield Harriers	00:52:40	00:28:32	00:21:29	00:34:53	02:17:34
25	Claire	Gribbin	S	Southwell RC	00:48:13	00:29:30	00:22:30	00:37:48	02:18:01
26	Janet	Lewis	V40	Unaffiliated	00:47:46	00:29:50	00:23:14	00:38:31	02:19:21
27	Laura	Drage	S	LERC	00:49:14	00:29:42	00:22:41	00:37:53	02:19:30
28	Alex	Cook	S	Unaffiliated	00:48:56	00:30:10	00:23:18	00:38:53	02:21:17
29	Sarah	Williams	S	Rolls Royce Harriers	00:49:19	00:30:53	00:23:24	00:39:02	02:22:38
30	Angie	Mills Cooper	S	Unaffiliated	00:47:23	00:31:27	00:24:12	00:39:50	02:22:52
31	I	Beadle	V40	Southwell RC	00:49:37	00:31:14	00:23:52	00:39:17	02:24:00
32	Jo	Doherty	S	LERC	00:51:10	00:32:08	00:24:55	00:40:12	02:28:25
33	Kate	Raynor	S	Mansfield Harriers	00:52:11	00:30:03	00:24:09	00:42:43	02:29:06
34	Zoe	Fletcher	V40	LERC	00:51:39	00:32:00	00:24:57	00:41:09	02:29:45
35	Carol	Prokopyszyn	V40	LERC	00:52:51	00:32:09	00:24:12	00:40:56	02:30:08
36	Sarah	Priestley	S	Erewash Valley RC	00:52:13	00:33:10	00:24:42	00:40:22	02:30:27
37	Rachel	McLardie	S	Unaffiliated	00:51:36	00:32:05	00:24:59	00:41:57	02:30:37
38	Michelle	Tyler	S	Boots Ladies	00:47:35	00:33:49	00:25:56	00:43:48	02:31:08
39	Katie	McKay	S	Boots Ladies	00:58:55	00:30:28	00:23:05	00:38:54	02:31:22
40	Denise	Greenfield	V50	Geese Runners	00:51:32	00:32:19	00:25:15	00:42:47	02:31:53
41	Kate	Turner	S	LERC	00:52:25	00:33:09	00:25:22	00:41:59	02:32:55
42	Tara	Sharma	S	Formula One	00:53:48	00:32:47	00:25:07	00:41:58	02:33:40
43	Editha	Van Loon	S	Unaffiliated	00:53:30	00:33:10	00:25:09	00:42:08	02:33:57
44	Lyndsey	Adkin	S	Redhill RR	00:53:23	00:33:36	00:25:31	00:42:48	02:35:18
45	Mandy	Dunlop	S	Fab AC	00:54:10	00:32:46	00:25:51	00:42:53	02:35:40
46	Lorraine	Varney	V50	Formula One	00:52:28	00:34:25	00:26:17	00:43:56	02:37:06
47	Louise	Bignall	S	Unaffiliated	00:52:54	00:33:38	00:26:42	00:44:01	02:37:15
48	Sara	Bond	S	Formula One	00:55:07	00:34:11	00:25:44	00:42:52	02:37:54
49	Kathryn	Mellor	S	Unaffiliated	00:54:28	00:34:43	00:25:39	00:43:09	02:37:59
50	Louise	Romanienko	S	Unaffiliated	00:55:12	00:33:32	00:26:06	00:43:43	02:38:33
51	Debbie	Coleman	S	LERC	00:54:06	00:34:59	00:26:45	00:42:50	02:38:40
52	Jo	Shillingford	S	Run Local	00:56:29	00:33:33	00:25:23	00:43:31	02:38:56
53	Lynn	Coombes	S	Boots Ladies	00:54:25	00:34:41	00:26:46	00:43:59	02:39:51
54	Joanne	Raven	S	Redhill RR	00:55:25	00:33:57	00:26:36	00:44:07	02:40:05
55	Michelle	Flint	V40	Redhill RR	00:54:24	00:34:40	00:26:51	00:44:21	02:40:16
56	Joanne	Swann	S	Unaffiliated	00:56:50	00:34:13	00:26:30	00:43:39	02:41:12
57	Jill	McIntyre	V40	Notfast	00:55:34	00:34:10	00:27:05	00:44:24	02:41:13
58	Michelle	Butler	S	Redhill RR	00:56:49	00:34:34	00:27:19	00:42:41	02:41:23
59	Kath	Johnson	V40	Unaffiliated	00:55:32	00:36:10	00:27:06	00:43:38	02:42:26
60	Natalie	Toms	S	Unaffiliated	00:58:18	00:35:35	00:26:12	00:42:49	02:42:54
61	Debbie	Mottershaw	S	Unaffiliated	00:56:15	00:35:11	00:27:22	00:45:10	02:43:58
62	Niki	Kirk	S	Unaffiliated	00:56:42	00:35:33	00:27:00	00:44:52	02:44:07
63	Claire	Sharpe	S	Unaffiliated	00:56:10	00:36:02	00:26:58	00:45:25	02:44:35
64	Janet	Bouttell	V40	Unaffiliated	00:53:50	00:33:45	00:26:59	00:50:05	02:44:39
65	Fran	Gunner	S	Fab AC	00:57:19	00:35:20	00:27:46	00:44:49	02:45:14
66	Julia	Corbett	S	Unaffiliated	00:57:55	00:35:37	00:27:40	00:45:14	02:46:26
67	Lana	Turner	S	Unaffiliated	00:56:44	00:36:36	00:27:55	00:45:25	02:46:40
68	Susi	Garner	S	Hermitage Harriers	00:56:48	00:35:53	00:27:25	00:47:29	02:47:35
69	Susi	Artis	V50	Redhill RR	00:56:55	00:36:25	00:28:41	00:46:01	02:48:02
70	Rachel	Yates	S	Kimberley & D Striders	00:58:25	00:36:27	00:27:33	00:45:46	02:48:11
71	Jean	Adkin	V50	Redhill RR	00:56:45	00:36:35	00:28:33	00:47:11	02:49:04
72	G	Tivey	V50	Unaffiliated	00:59:08	00:36:58	00:28:20	00:46:16	02:50:42
73	Gina	Granger	S	Unaffiliated	00:58:45	00:35:58	00:31:32	00:46:20	02:52:35
74	Corina	Lim	V40	Unaffiliated	01:00:16	00:37:29	00:28:21	00:47:17	02:53:23
75	Rebecca	Muldoon	S	Unaffiliated	01:02:27	00:38:42	00:27:30	00:44:53	02:53:32
76	Beverley	Lord	V40	Unaffiliated	00:59:28	00:37:57	00:28:58	00:48:14	02:54:37
77	Jill	Howsam	V40	Unaffiliated	01:05:55	00:38:01	00:26:44	00:43:59	02:54:39
78	Mary	McGowan	V50	Unaffiliated	01:00:16	00:37:33	00:28:28	00:48:56	02:55:13

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## Final Standings

79	Rachel	Ryan	S	Unaffiliated	01:00:00	00:37:59	00:29:23	00:48:48	02:56:10
80	Jackie	Duers	V40	Notfast	00:59:02	00:38:14	00:30:41	00:48:29	02:56:26
81	Claire	Penn	S	Unaffiliated	01:01:40	00:37:18	00:29:04	00:50:10	02:58:12
82	B	Morrell	V40	Unaffiliated	01:01:38	00:37:19	00:29:06	00:50:15	02:58:18
83	Raj	Dhanda	S	Unaffiliated	01:04:06	00:38:41	00:28:56	00:47:10	02:58:53
84	Cathy	Gibbons	V40	Unaffiliated	01:00:38	00:38:26	00:30:47	00:49:36	02:59:27
85	Beth	Carroll	S	Unaffiliated	01:02:08	00:39:04	00:29:59	00:48:26	02:59:37
86	Cassandra	Greaves	S	Unaffiliated	01:01:15	00:39:59	00:28:54	00:49:35	02:59:43
87	Melanie	Buckle	S	Unaffiliated	01:03:09	00:38:21	00:29:18	00:49:17	03:00:05
88	Zoe	Stockdale	S	UK Netrunner	01:01:54	00:38:20	00:30:03	00:50:14	03:00:31
89	Joanne	Humphrey	S	Unaffiliated	01:00:36	00:39:25	00:30:34	00:50:00	03:00:35
90	Anna	Hughes	V40	Unaffiliated	01:03:22	00:38:21	00:29:39	00:50:23	03:01:45
91	Sarah-Jane	Prior	S	Run Local	01:02:15	00:38:51	00:32:02	00:49:26	03:02:34
92	Suzi	Newman	S	LERC	01:03:31	00:39:48	00:29:47	00:49:36	03:02:42
93	Stella	Tilling	V40	Unaffiliated	01:04:56	00:38:56	00:30:14	00:50:30	03:04:36
94	Nicola	Neesham	V40	Unaffiliated	01:02:39	00:39:28	00:30:50	00:51:52	03:04:49
95	Janet	Deeley	V50	Unaffiliated	01:03:29	00:39:40	00:30:57	00:50:53	03:04:59
96	Sara	Deakin	V40	Unaffiliated	01:04:56	00:39:54	00:31:13	00:50:30	03:06:33
97	Kristy	Ball	S	Unaffiliated	01:03:50	00:40:18	00:30:59	00:51:44	03:06:51
98	Sarah	NcGinley	S	Unaffiliated	01:05:20	00:40:14	00:31:45	00:50:11	03:07:30
99	Margaret	Wilmshurst	V60	Unaffiliated	01:05:56	00:39:24	00:31:39	00:51:38	03:08:37
100	Ruth	Richardson	V40	Unaffiliated	01:04:42	00:40:11	00:32:04	00:52:20	03:09:17
101	Helen	Norris	S	Unaffiliated	01:08:14	00:39:01	00:30:47	00:51:57	03:09:59
102	Jennifer	Manning-Ohren	V40	Unaffiliated	01:06:29	00:42:11	00:32:24	00:52:09	03:13:13
103	Michelle	Murray	S	Unaffiliated	01:09:16	00:42:24	00:32:10	00:52:15	03:16:05
104	Lisa	Wagstaff	V40	Unaffiliated	01:08:54	00:42:20	00:34:12	00:54:42	03:20:08
105	Jane	Rogers	V50	Unaffiliated	01:09:36	00:44:32	00:33:05	00:54:58	03:22:11