

HPRC Club Championships 2016

5 Miles

Senior Men			Senior Ladies		
Jack Roffe	27:11	NWSC	Louise Read	34:56	NWSC
Alex Loach	28:18	Beeston	Emma Cupitt	35:27	NWSC
Steve Shanks	28:32	NWSC	Anna Heaton	36:00	Colwick
Ant Squire	29:20	NWSC	Ann Gould	37:13	Embankment
James Kirkwood	29:36	Embankment	Katie Cook	37:20	NWSC
Eddy George	29:56	Embankment	Hannah Sampson	37:34	NWSC
Andrew Barron	30:21	Embankment	Sarah Tyler	37:34	Colwick
Steve Eatherington	30:47	Colwick	Jackie Welburn	38:14	Beeston
Andrew Soley	30:53	NWSC	Lisa Smith	40:35	Colwick
Tom Davies	31:29	NWSC	Lauren Johnson	40:38	NWSC
Chris Rhodes	31:44	Colwick	Rachel Samuel	43:56	Embankment
Javier Cabrero Blanco	32:02	Colwick	Dawn Hughes	44:08	NWSC
Ed Ducker	32:03	Beeston	Tara Ricketts	45:46	NWSC
Richard Brown	32:04	NWSC	Claire Sambridge	47:36	NWSC
Shaun Harrison	32:44	NWSC	Marina Mueller	48:35	NWSC
Joseph Eccles	32:59	NWSC	Caroline Watson	48:37	NWSC
Colin Hallam	34:12	NWSC	Heidi Fielder	48:55	Beeston
John Hillier	34:59	NWSC			
Luke Rising	35:34	NWSC			
John Sutherns	35:45	Colwick			
David Hodson	34:41	Bassingham			
Daniel Graham	39:05	Beeston			
Simon Leadley	39:57	Colwick			
Jonathon Heeley	43:38	NWSC			
Matthew O'Connell	50:14	NWSC			
Men V40			Ladies V40		
David Greenwood	27:31	Beeston	Gina Granger	34:16	Embankment
Graham Moffatt	28:32	NWSC	Ruth Brandon	34:30	Wolverton

Robert Jackson	30:09	NWSC	Claire Hayes	34:32	Beeston
Wayne McAneaney	30:25	NWSC	Janet Atkinson	36:05	Beeston
Mark Wyszynski	30:33	Wymeswold	Jo Bramley-Maye	36:05	NWSC
Mike Wells	30:36	Beeston	Claire Goodman	36:54	NWSC
Will Meredith	30:58	Beeston	Editha van Loon	37:24	Embankment
Rob Stewart	32:44	NWSC	Janet Atkinson	37:35	Embankment
James Higham	32:53	Colwick	Tess Tucker	38:05	NWSC
Gary Cragg	33:09	NWSC	Melanie Joy	39:11	NWSC
Peter Evans	33:13	Colwick	Anna Gray	39:19	NWSC
David Proctor	34:41	NWSC	Jo Chalmers	40:06	Colwick
Roger Spence	34:45	NWSC	Michelle Noble	40:34	NWSC
Peter Evans	34:50	NWSC	Jacqueline Pearson	41:14	Wymeswold
Arry Nathan	35:01	Colwick	Amanda Hibbert	41:40	NWSC
Chris Jekiel	35:29	NWSC	Rachel Grant	41:46	NWSC
Mark Emery	35:48	Colwick	Suze Moore	42:01	Beeston
Richard Clayton	37:42	NWSC	Lucy Adams	42:33	NWSC
Mark Shaw	38:03	Colwick	Kate Coppinger	44:21	Colwick
Tim Powell-Perry	38:26	NWSC	Sarah Sharp	45:48	Colwick
Darren Fisher	38:58	Colwick	Heidi Felder	50:25	Colwick
Richard Jones	39:22	Bassingham			
Keith Lowe	41:24	NWSC			
Ewan Henderson	41:37	Colwick			
Martin Spencer	43:23	NWSC			
Matthew Aldridge	43:26	Embankment			
Richard Ranby	46:47	Colwick			
Mark Bidmead	47:32	Colwick			
Men V50			Ladies V50		
Stewart Gregory	27:14	Thorney	Christine Heaton	33:11	NWSC
Duncan Martindale	30:24	NWSC	Patti Cranton	37:50	NWSC
Kevin Ford	31:54	Bassingham	Sue Chicken	39:14	Wellingborough
Glyn Sawford	33:33	NWSC	Nadia Wells	39:45	NWSC
Donald Wells	35:50	NWSC	Lindsey Marshall	40:25	Beeston
David Ralph	36:00	NWSC	Mary McGurk	42:08	Colwick
Steve Eccles	36:21	NWSC	Sue Whitehead	47:14	Colwick

John Kenyon	36:36	Notts	Karen Harrison	50:25	Colwick
Neil Devonport	36:42	NWSC			
John Harrison	38:28	Colwick			
John Goodman	40:50	NWSC			
Martin Spencer	43:07	Embankment			
David Marshall	43:17	Beeston			
Roland Malkin	43:19	Bassingham			
Stuart Fielder	43:25	Beeston			
Nigel Harrison	46:42	Colwick			
Men V60			Ladies V60		
George Kujawinski	40:00	NWSC	Penny Durance	39:27	Colwick
Mark Rose	41:49	Colwick			
Stuart Nicholson	42:55	Beeston			
Richard Durance	44:15	Colwick			
William Scott	45:41	NWSC			
Brian Robert Stone	46:02	Beeston			
Chris Hendry	48:45	Wymeswold			
Men V70			Ladies V70		
Derek Poole	41:20	Long Eaton	Freidel Plant	45:28	Long Eaton
John Oldfield	49:40	Long Eaton	Sandra Poole	46:44	Beeston
			Christine Oldfield	51:33	Long Eaton
Men V80			Ladies V80		
Neil Hamilton	46:03	Colwick			

10K

Senior Men			Senior Ladies		
Jack Roffe	34:31	Skegness	Louise Read	42:46	Skegness
Alex Loach	34:36	Woodhall Spa	Sarah Tyler	43:37	Wilne
Eddy George	36:40	Shelton	Emma Cupitt	44:14	Rushcliffe
James Kirkwood	37:29	NWSC	Lisa Smith	44:43	Nottingham
Ant Squire	37:46	NWSC	Katie Cook	47:14	Nottingham
Andrew Soley	38:30	Wilne	Ann Gould	47:45	NWSC
Chris Rhodes	39:31	NWSC	Jackie Welburn	47:54	Rushcliffe

Joseph Eccles	40:05	Rushcliffe	Jo Smith	48:58	Rushcliffe
Tom Davies	40:12	Wilne	Lauren Johnson	50:41	Lincoln
Neil Cooper	40:12	Cropwell Bishop	Eleanor Weinberg	52:40	Cropwell Bishop
Richard Brown	40:35	Nottingham	Rachel Samuel	52:57	Cropwell Bishop
Ed Ducker	40:51	Rushcliffe	Lorna Pilbin	53:03	Rushcliffe
Javier Cabrero Blanco	41:11	Nottingham	Kate Coppinger	53:40	Rushcliffe
Shaun Harrison	41:53	Cropwell Bishop	Gaynor Haywood	56:22	Rushcliffe
David Hodson	42:53	Lincoln	Dawn Hughes	56:37	Rushcliffe
John Hillier	43:11	NWSC	Claire Sambridge	57:05	Rushcliffe
John Sutherns	43:58	NWSC	Kate Vipond	58:05	Rushcliffe
Dan Farrell	44:29	Rushcliffe	Caroline Watson	58:13	Rushcliffe
Craig Curtis	46:58	Derby	Lindy Clarke	1:07:09	Rushcliffe
Dan Farrell	47:02	Nottingham	Lucy Chadborn	1:07:18	Cropwell Bishop
Jonathan Heeley	53:27	NWSC			
Simon Leadley	1:10:59	Nottingham			
Men V40			Ladies V40		
Paul Roome	34:21	Copenhagen	Claire Hayes	44:15	Newark
David Greenwood	35:06	Mablethorpe	Claire Goodman	45:39	Rushcliffe
Graham Moffatt	36:58	Rushcliffe	Janet Atkinson	45:45	NWSC
Mike Wells	38:00	Gainsborough	Ruth Brandon	45:52	Newark
Wayne McAneaney	38:19	Nottingham	Editha van Loon	46:00	Rushcliffe
Will Meredith	38:52	Wilne	Tess Tucker	46:49	NWSC
Gary Cragg	39:32	Wilne	Jacqueline Pearson	47:46	Rushcliffe
Martin Clifford	40:34	Cropwell Bishop	Anna Gray	49:02	NWSC
James Higham	40:48	NWSC	Justine Squitieri	49:11	Nottingham
Rob Jerome	41:13	Rushcliffe	Karen Usher	50:02	Rushcliffe
Peter Evans	41:28	Cropwell Bishop	Melanie Joy	50:10	Rushcliffe
Aaron Mellor	42:54	University	Fiona Moffatt	50:43	Holymoorside
Luke Rising	43:20	NWSC	Michelle Noble	50:46	NWSC
Arry Nathan	43:55	NWSC	Rachel Grant	51:46	Nottingham
Roger Spence	44:40	NWSC	Samantha Bradbury	57:20	Nottingham
Chris Jekiel	45:23	Market Drayton	Sarah Sharp	57:39	NWSC
Richard Clayton	45:52	NWSC	Stephanie Shardlow	1:00:51	Rushcliffe
Richard Jones	46:45	Rushcliffe	Heidi Fielder	1:00:58	NWSC

Darren Fisher	47:27	NWSC	Helen Jekiel	1:03:18	Nottingham
Matthew Aldridge	48:22	NWSC	Dawn Rowley	1:11:29	Cropwell Bishop
Mark Shaw	48:33	NWSC			
Roger Kerry	51:20	Holymoorside			
Simon Litchfield	51:24	Manchester			
Andrew Price	51:45	NWSC			
Martin Spencer	54:31	Rushcliffe			
Men V50			Ladies V50		
Stewart Gregory	35:10	Chichester	Christine Heaton	40:20	Leeds
John Harrison	40:40	London	Patti Cranton	45:17	NWSC
Kevin Ford	40:57	NWSC	Sue Chicken	48:14	King's Lynn
Steve Eccles	42:40	Rushcliffe	Amanda Hibbert	49:19	NWSC
Wayne Cranton	43:20	Newark	Lindsey Marshall	49:40	Derby
David Ralph	45:37	NWSC	Mary McGurk	53:00	Cropwell Bishop
Chris Davison	46:17	NWSC	Andrea Lowe	53:51	Derby
Phil Clarke	47:15	Cropwell Bishop	Allison Burt	54:41	Silverstone
Nigel Harrison	50:35	Cropwell Bishop	Sue Whitehead	58:52	Rushcliffe
John Goodman	51:03	NWSC	Karen Harrison	1:02:12	Nottingham
David Marshall	53:22	Bolsover			
Roland Malkin	53:50	Lincoln			
Stuart Fielder	54:12	Cropwell Bishop			
Andy Sharp	54:52	L. Bennington			
Men V60			Ladies V60		
David Bland	52:05	Wilne	Penny Durance	48:24	L. Bennington
Ian Nicholson	52:32	Burton Joyce	Henny Scott	56:22	NWSC
Richard Durance	53:45	Sheffield			
Steve Ebbage	55:32	Bolsover			
Mark Rose	55:56	NWSC			
Pete Bull	57:50	NWSC			
Brian Robert Stone	58:50	Cropwell Bishop			
Men V70			Ladies V70		
Derek Poole	51:46	Wilne	Freidel Plant	56:13	University
			Sandy Poole	59:31	Wilne
			Christine Oldfield	1:02:48	NWSC

Men V80			Ladies V80		
Neil Hamilton	56:47	Newark			

10 Miles

Senior Men			Senior Ladies		
Ant Squire	1:01:49	Nottingham	Sarah Tyler	1:10:55	Derby
Eddy George	1:02:26	Nottingham	Louise Read	1:11:16	Nottingham
Andrew Barron	1:03:05	Derby	Emma Cupitt	1:12:45	Nottingham
Andrew Soley	1:04:00	Nottingham	Carly Stretton	1:15:37	Heckington
Tom Davies	1:10:01	Heckington	Jackie Welburn	1:20:50	Nottingham
John Sutherns	1:14:26	Heckington	Dawn Hughes	1:36:32	Burton
Tim Powell-Perry	1:14:30	Nottingham	Claire Sambridge	1:39:08	Burton
Men V40			Ladies V40		
David Greenwood	57:56	Burton	Ruth Brandon	1:11:46	Fenland
Ian Grant	1:05:50	Perth	Claire Hayes	1:12:44	Heckington
Will Meredith	1:06:55	Heckington	Janet Atkinson	1:16:48	Burton
Chris Rhodes	1:07:42	Heckington	Editha van Loon	1:17:41	Nottingham
Keith Jamieson	1:09:10	Nottingham	Tess Tucker	1:17:57	Nottingham
Steve Tupholme	1:13:55	Nottingham	Rachel Grant	1:30:04	Nottingham
Richard Clayton	1:16:00	Nottingham			
Martin Spencer	1:27:00	Nottingham			
Andrew Price	1:30:45	Nottingham			
Mark Bidmead	1:39:48	Nottingham			
Men V50			Ladies V50		
Kevin Ford	1:08:45	Nottingham	Christine Heaton	1:08:20	Nottingham
Steve Eccles	1:14:15	Nottingham			
Men V60			Ladies V60		
William Scott	1:34:12	Nottingham			
Brian Robert Stone	1:41:31	Heckington			
Men V70			Ladies V70		
Derek Poole	1:22:26	Nottingham	Friedel Plant	1:31:51	Nottingham
Neil Hamilton	1:34:10	Nottingham	Sandra Poole	1:43:58	Burton
			Christine Oldfield	1:45:44	Nottingham

Half Marathon

Senior Men			Senior Ladies		
Andrew Whitehead	1:16:57	Peterborough	Emma Cupitt	1:34:00	Edinburgh
Steve Shanks	1:17:07	Swansea	Louise Read	1:34:48	Worksop
Anthony Meenaghan	1:18:42	Keyworth	Karen Nix	1:35:04	Leicester
Eddy George	1:21:12	Newark	Ann Gould	1:35:36	Retford
James Kirkwood	1:25:09	Newark	Sarah Tyler	1:38:14	Newark
Rob Nason	1:25:18	Keyworth	Carly Stretton	1:39:22	Kenilworth
Andrew Barron	1:25:56	Newark	Katie Cook	1:43:24	Belvoir
Chris Rhodes	1:26:05	Newark	Charlotte Kenny	1:43:39	Nottingham
Neil Cooper	1:26:53	Worksop	Kate Vipond	1:45:41	Keyworth
Andrew Soley	1:27:05	Grantham	Sarah Carroll	1:47:29	Chester
Tom Davies	1:27:32	Edinburgh	Jackie Welburn	1:47:37	Keyworth
Nicholas Bayley	1:29:03	Keyworth	Jo Smith	1:47:40	Nottingham
Javier Cabrero Blanco	1:29:56	Worksop	Justine Robertson	1:47:42	Nottingham
Ed Ducker	1:30:43	Belvoir	Nikki Dixon	1:50:55	Derby
Joseph Eccles	1:30:45	Keyworth	Sophia Pepes	1:53:33	Belvoir
Steve Eatherington	1:31:36	Belvoir	Anna Heaton	1:53:42	Belvoir
Andy Swaine	1:31:50	Oulton Park	Jenny Kerr	1:54:03	Keyworth
David Hodson	1:35:40	Edinburgh	Eleanor Weinberg	2:08:56	Nottingham
Kevin Bell	1:36:24	Nottingham	Tara Ricketts	2:24:55	Nottingham
Justin Parker	1:39:29	Wilmslow	Jessica Blakey	2:25:24	Nottingham
John Sutherns	1:39:54	Belvoir			
Chris Brawn	1:40:04	Nottingham			
John Hillier	1:42:30	Chester			
Craig Curtis	1:44:19	Worksop			
Dan Farrell	1:53:59	Nottingham			
Andy Cosgriff	1:57:15	Keyworth			
Chris Spolton	2:04:54	Keyworth			
Jonathan Heeley	2:05:59	Nottingham			
Mark Bidmead	2:16:18	Derby			
James Blakey	2:25:24	Nottingham			
Men V40			Ladies V40		

Paul Roome	1:14:35	Berlin	Gina Granger	1:33:42	Newark
David Greenwood	1:15:06	Stratford-on-Avon	Claire Hayes	1:33:55	Newark
Wayne McAneaney	1:25:36	Newark	Janet Atkinson	1:39:26	Nottingham
Mike Wells	1:25:46	Keyworth	Tess Tucker	1:41:44	Belvoir
Will Meredith	1:26:42	Nottingham	Ruth Brandon	1:44:31	Grantham
Martin Clifford	1:27:23	Keyworth	Claire Goodman	1:48:47	Worksop
Gary Cragg	1:27:50	Newark	Editha van Loon	1:48:48	Keyworth
Arry Nathan	1:27:52	Nottingham	Michelle Noble	1:51:43	Newcastle
Mark Wyszynski	1:28:15	Keyworth	Melanie Joy	1:54:53	Reading
Ian Grant	1:31:32	Alloa	Lucy Adams	1:56:52	Keyworth
Mark Chance	1:31:43	Keyworth	Amanda Hibbert	1:57:02	Derby
Peter Evans	1:32:21	Keyworth	Rachel Grant	1:57:05	Keyworth
James Higham	1:33:03	Loughborough	Karen Usher	1:57:11	Nottingham
Robert Pickup	1:34:19	Belvoir	Helen Clough Jones	2:04:17	Cardiff
David Proctor	1:36:02	Newcastle	Kate Coppinger	2:04:58	Keyworth
Roger Spence	1:38:12	Derby	Rachel Clarke	2:18:41	Nottingham
Steve Tupholme	1:38:30	Keyworth	Sarah Sharp	2:24:44	Nottingham
Richard Clayton	1:40:18	Nottingham	Heidi Fielder	2:26:40	Nottingham
Mark Shaw	1:42:58	Keyworth			
Phil Clarke	1:43:50	Keyworth			
Chris Jekiel	1:44:12	Keyworth			
Mark Emery	1:45:12	Keyworth			
Alan Morris	1:45:40	Belvoir			
Keith Lowe	1:49:18	Grantham			
Mark Shaw	1:50:21	Nottingham			
Ian Scott	1:50:31	Loughborough			
Richard Jones	1:50:44	Derby			
Martin Spencer	1:54:10	Keyworth			
Robin Denton	1:55:07	Keyworth			
Simon Litchfield	1:55:22	Retford			
Andrew Price	2:02:54	Newcastle			
Richard Ranby	2:08:16	Keyworth			
Men V50			Ladies V50		
Kevin Ford	1:27:03	Newark	Christine Heaton	1:29:56	Worksop

Graham Angus	1:32:45	Nottingham	Susan Karmazyn	1:37:58	Keyworth
Steve Eccles	1:34:51	Keyworth	Patti Cranton	1:43:26	Keyworth
Chris Davison	1:43:27	Nottingham	Amanda Hibbert	1:49:06	Worksop
Jim Hewitt	1:44:17	Nottingham	Lindsey Marshall	1:52:00	St Neots
David Ralph	1:45:21	Keyworth	Katie Holmes	1:55:41	Keyworth
Neil Devonport	1:48:57	Loughborough	Sue Chicken	1:56:29	Newcastle
Nigel Harrison	1:51:03	Keyworth	Amelia Ndirika	2:03:05	Edinburgh
Martin Spencer	1:53:31	Newark	Rose Graham	2:07:33	Worksop
John Goodman	1:55:37	Worksop	Angela Allcoat	2:25:29	Nottingham
Pete Savage	1:56:54	Keyworth	Sue Whitehead	2:28:15	Newcastle
Stuart Fielder	1:59:07	Nottingham	Karen Harrison	2:30:33	Nottingham
Mark Enstone	2:04:54	Clowne			
Andy Sharp	2:05:28	Nottingham			
Phil Clarke	2:38:48	Nottingham			
Men V60			Ladies V60		
Philip Roberts	1:45:14	Wilmslow	Penny Durance	1:46:11	Keyworth
George Kujawinski	1:48:59	Nottingham			
Richard Durance	1:54:01	Keyworth			
Derek Rose	1:56:48	Keyworth			
Andy Sharp	2:00:51	Newark			
Brian Robert Stone	2:21:09	Ljubljana			
Andy Ness	2:38:02	Newcastle			
Patrick Walsh	2:57:11	Nottingham			
Men V70			Ladies V70		
Philip Roberts	1:42:36	Clowne	Friedel Plant	2:05:25	Worksop
Bernard Jarvis	1:46:19	Newark	Sandra Poole	2:08:58	Newark
Derek Poole	1:48:45	Wrexham	Christine Oldfield	2:26:28	Newark
Derek Rose	1:56:45	Nottingham			
Anthony Hall	2:31:42	Belvoir			

Marathon

Senior Men			Senior Ladies		
Steve Shanks	2:39:42	London	Emma Cupitt	3:21:17	London
Alex Loach	2:49:21	Manchester	Ann Gould	3:27:04	London
Matthew Nutt	2:52:32	New York	Sarah Tyler	3:33:40	Amsterdam
Ant Squire	2:53:32	Nottingham	Jo Smith	3:52:54	Manchester
Anthony Meenaghan	2:59:36	Manchester	Carly Stretton	3:57:12	Manchester
Andy Barron	2:59:38	Nottingham	Kirsty Barnes	4:23:05	London
Samuel Williams-Duncan	3:02:22	London	Anne De Rover	5:18:56	Manchester
Eddy George	3:06:17	Nottingham			
Steve Eatherington	3:10:28	Leicester			
Andrew Soley	3:15:54	Nottingham			
Tom Davies	3:17:50	London			
Nicholas Bayley	3:25:56	London			
James Kirkwood	3:29:12	Ljubljana			
John Sutherns	3:31:03	Nottingham			
Andy Swaine	3:43:26	Manchester			
Craig Curtis	3:54:38	York			
Peter Wallis	4:45:14	London			
Walter De Rover	5:18:57	Manchester			
Men V40			Ladies V40		
Paul Roome	2:42:43	Berlin	Claire Hayes	3:19:34	Ljubljana
David Greenwood	2:55:56	Leicester	Ruth Brandon	3:39:07	Manchester
Mike Wells	3:08:51	Chester	Janet Atkinson	3:45:29	Llanberis
Wayne McAneaney	3:10:20	Nottingham	Editha Van Loon	3:52:46	London
Martin Clifford	3:10:23	London	Anna Gray	3:58:53	Manchester
Arry Nathan	3:15:58	Amsterdam	Lucy Adams	4:32:11	Manchester
Gary Cragg	3:17:47	Ljubljana	Joanne Chalmers	4:38:47	London
Ian Grant	3:18:53	Boston MA	Amanda Hibbert	4:40:13	Boston UK
Will Meredith	3:21:00	Ljubljana	Stephanie Shardlow	5:21:36	London

Rob Jerome	3:23:37	London			
Robert Pickup	3:28:12	Liverpool			
Mark Chance	3:32:06	London			
Nicholas Bayley	3:32:48	Llanberis			
Roger Spence	3:36:12	Boston UK			
Steve Tupholme	3:47:07	Manchester			
David Proctor	3:48:37	Amsterdam			
Chris Jekiel	3:50:26	London			
Matthew Aldridge	4:01:09	Leicester			
Richard Clayton	4:07:14	Llanberis			
Andrew Price	4:29:01	Nottingham			
Richard Jones	4:39:49	Manchester			
Men V50			Ladies V50		
John Harrison	3:24:07	Boston MA	Susan Karmazyn	3:40:28	Nottingham
David Ralph	3:38:52	London	Rose Graham	5:06:07	Boston UK
Paul Jacobs	3:41:23	Manchester	Katie Holmes	5:19:08	York
Nigel Bennett	3:48:18	Nottingham			
Jim Hewitt	3:57:40	Manchester			
Steven Widdowson	3:58:55	London			
Alan Morris	4:03:56	London			
Nigel Bennett	5:06:06	Boston UK			
Men V60			Ladies V60		
Philip Roberts	3:49:51	Vancouver	Penny Durance	3:53:57	London
Richard Durance	4:17:53	Manchester			
Peter Savage	4:45:35	Llanberis			
Men V70			Ladies V70		
Bernard Jarvis	3:59:26	Nottingham			
John Oldfield	4:20:25	Stratford-on-A			
Derek Poole	4:37:51	London			